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MYRA'S JOURNAL

MARCH 1909. 3D

Vol. XXXVI.
No. 3.

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2. Smart One-Piece BLOUSE.
3. Draped Evening BLOUSE.
4. Girl's Spring COAT.

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PROFUSELY ILLUSTRATED.

Early Spring Fashions.

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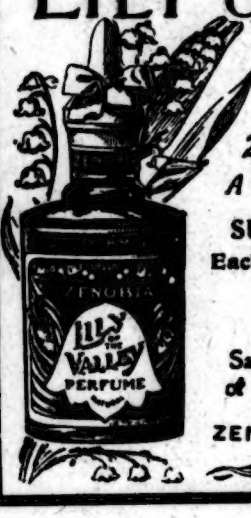

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"Mrs. —— is pleased to say the Tincture gives a lovely shade."

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"Limerick.

"Send me by return one dozen Glycorax. I find it wonderful for preserving the teeth." Mrs. ——.

NEWS FROM FASHION CENTRES.

FROM

VIENNA, PARIS, &c.

QUITE a feature is being made of the tucked blouses—tucked all over. They are most smart, and, according to material and trimming, are used for morning wear (under tailor coats) or afternoon uses. They look very smart, and are not nearly so difficult to carry out as first thoughts would indicate, because the material is either bought ready tucked or is tucked before the shirt is cut out by the aid of a flat pattern.

White Shantung is a favourite material for the tucked morning shirt, net, ninon, or silk muslin being the favourite fabrics for afternoon wear, worn over a fitted glacé underslip. The style is always simple, fastening in front or at the back, with long sleeve. Some are entirely of the tucked material. More dressy models have an added yoke or deep cuff of lace. Later on the tucked blouse will be carried out in lawn, fine linen and muslin. It has a career before it.

Strange as it may seem, the entirely tucked blouse does not suit stout figures, though, as a rule, vertical lines, such as stripes and tucks diminish, apparently, over-bulk.

No. 8126 is a very becoming blouse for a stout figure, as the added fronts give an air of slimness. No blouse being so unbecoming to a stout person as the fashionable tucked model—tucked all over, the tucked blouse should be reserved for medium and slender figures. In it the slim girl never appears to better advantage.

The Victorian styles must be reckoned with this spring—the plain skirt buttoned down the centre, and a distinctly "Victorian" bodice or spencer. A very good model of this type is shown in the pretty frock, No. 8131.

There is much of the Victorian period in the hats of the moment, which include "turbans" of draped material, often only too reminiscent of 1837—and earlier; while the "flower-pot" hats (a tall crown with very small brim) are a repetition of the enormous beaver which ladies wore at the beginning of the late Queen's reign.

Styles are in a curious state of transition. The sheath styles are dying out, and are being reserved entirely for indoor or evening wear. Tailors are making coat-and-skirt costumes now as they were before the Directoire style caught on in the latter half of last year—that is, with some flow below the knees as to the skirt, and with some trifle of fulness at the shoulder as to the sleeve. A quite new tailor skirt will be seen at No. 8123, which also shows the revived tendency to fulness at the sleeve top. Of course the two things go together—the flow of the skirt and the fulness of the sleeve. Skin tight sleeves, whether of lace or silk, plain or tucked, are being reserved for bodices and blouses to be worn with sheath skirts.

No. 8124.—The New Tucked Blouse.
(For silk, linen, cashmere, &c.).
For Description see Pages 30 to 35.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

For the present a safe sleeve for evening wear is the rucked or tucked sleeve, fairly tight, reaching almost to the elbow. All manner of æsthetic open over-sleeves are in vogue and will remain so; such sleeves as shown at Nos. 8147 and 8153, which can be worn over a bare arm or with a tight under-sleeve of lace, &c., to elbow or wrist.

The gigot sleeve is being revived—of very moderate fulness as to the top, of course. The sleeve is a favourite for the blouses of the smart embroidered lingerie frocks which will be such a feature of the late spring and summer styles.

The lingerie frocks, as prepared for the Riviera, are exceptionally smart. Muslin dresses of princess type are panelled with embroidered muslin, alternated with finely tucked muslin, intersected with lace. The embroidery re-appears on the front of the bodice part, the muslin being finely tucked on the shoulders. So little material is taken in these tucks that the embroidered part only fits the bust easily. The waist is moulded with lines of lace, whipped together. Sometimes beading joins the lace rows, threaded with white satin baby ribbon. These elaborate lingerie gowns, of course, must be worn over a complete under-dress of white silk.

There is a note of elaboration even in the simpler washing dresses of linen, which are often beautifully embroidered. A great many embroidered linen robes will be available—the skirt needing only seaming up at the back, embroidered linen for the bodice accompanying the skirt. These will not be at all dear, so that ordinary linen coats and skirts will look rather plain and poor. To obviate this disastrous effect dressmakers are trimming white linen frocks with bands of coloured linen prettily braided in white. Braid is being largely mingled with embroidery on dresses, coats, and blouses of all kinds, and the effect is excellent if carried out with taste.

The princess dress is holding its ground. It is a capital model for the transition period, because it is generally draped a little, and leaves the waist-line a little vague—a very becoming factor when the figure is not very good. It is therefore becoming alike to over-thin or rather heavy figures—it conceals want of hip roundness, and on the other hand softens off too swelling lines. It also leaves the exact length of the waist a trifle undecided—an advantage in these days, when the short Directoire waist is daily lengthening to the normal line.

PRACTICAL DRESSMAKING FOR HOME WORKERS.

By "MYRA."

SOME UP-TO-DATE RENOVATIONS.

A LADY tells me that she has a handsome skirt of thin face cloth which has a blouse bodice of the same material pleated on the shoulders. Both are very old-fashioned, owing to the sudden change which took place in the latter half of last year. She wants to know how she can bring the dress up-to-date, the material being fresh and handsome. So many people have a similar dress by them that I have thought the renovation worth illustrating on page 10.

Here is shown a smart up-to-date gown, for visiting or afternoon home wear. The original skirt, too full, too long-waisted, and merely touching the ground, is turned into the high-waisted tunic illustrated. The front breadth was removed bodily and the sides shortened by cutting away in a graceful curve, this removed piece (with the tablier and the old puffed sleeves) supplying the material which covers the lower part of the slightly trained fitted foundation skirt. The waist was pulled up about an inch in front and about 2½ inches at the back. The new edge of the skirt (now a tunic) was lengthened by a band of silk exactly matching the cloth, braided in a simple design with silk braid. A similar band edged the new foundation skirt. Down the front of the tunic is laid another band of braided silk, the tunic sides being stitched down upon it. This panel (smaller and straighter) replaces the tablier filched to veil the edge of the foundation skirt, which should match the cloth.

According to the amount of cloth saved by cutting the front, taking out the tablier, and using the old-fashioned three-quarter sleeves, the width of the braided silk bands must be calculated.

As to the blouse, the sleeves were removed and replaced by a small bell sleeve made up of braided silk bands. The pleats on the shoulders were pressed out and re-made much lower on the shoulder. To improve the fit of this alteration the neck was cut away. The front and backs of the blouse were then braided. The new belt and the tie are of velvet, matching the gown or the silk braid.

To make up the sleeve and neck a fitted silk under-slip was worn, supplied with yoke, collar, and sleeves of tucked net.

The net should be tucked, and the flat pattern of yoke, collar, and sleeve, cut from the tucked material. Sleeve and yoke should be lined with thin white silk.

A very good idea for a blouse renovation is given at No. 8125. The great fault of the smart blouse was its puff elbow sleeve—an impossibility just now either to wear or to turn into the fashionable long tight sleeve. The blouse is of rich corded silk, matching a long skirt. The sleeve was replaced by a long sleeve cut out of tucked silk muslin. In order to avoid any appearance of "making up," the neck was cut low, edged with the velvet which finished the tucked sleeve, and filled in with a chemisette of tucked silk muslin. The collar band is of the muslin, headed with a frill like that at the wrist.

The blouse could be altered, if preferred, more like No. 8132, using the old puff for the little bell sleeve.

A good idea for widening a blouse which has become too tight is shown at No. 8126. When one gets stouter it is the fronts which require widening, as a rule; generally, the back does fairly well. In the model illustrated it is possible to widen the back also, by continuing the added fronts in a piece of similar shape—but narrower, and without box pleat—down the back centre. On a silk blouse, these added pieces can be fine cloth; on a woollen blouse, silk to match can be employed. The added pieces are mounted with lapped seams, and are decorated with buttons and false buttonholes. As it is the front centres of a blouse which soil soonest, the renovation gives an air of renewed freshness. The tucked sleeve is diminished at the top, and the wrist is freshened by the introduction of a new silk cuff, trimmed like the added fronts. The old tucked collar can be used, if fresh, or a new one of silk can be put in.

No. 8127 is a mousseline de laine blouse renovated and smartened by cutting down the neck and decorating with velvet ribbon, lace frills, and a lace chemisette. The full puff sleeve is diminished and shaped, and is then lengthened by adding the old cuff seamed on beneath rows of the ribbon.

No. 8125.—A Renovated Blouse.
For Description see this Page.
Price of Paper Pattern, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8127.—A Renovated Blouse.
For Description see this Page.
Price of Paper Pattern, 6½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8126.—How to Widen a Tucked Blouse.
For Description see this Page.
Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

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No. 8123.—AN EARLY SPRING COAT AND SKIRT.
For Description see Pages 30 to 35.
Price of Paper Pattern, Coat, and Skirt, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8129.—Useful Coat and Skirt for Early Spring.
For Description see Pages 30 to 35.

Price of Paper Pattern, Coat, 9½d.; Skirt or Foundation Skirt, each 9½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 8180 No. 8181

A BEAUTIFUL WRAP COAT AND A NOVEL "VICTORIAN" GOWN.

For Description see Pages 30 to 35.

Price of Paper Patterns, Coat, 1s. 0½d.; Skirt or Spencer, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 8132.—A Successful Renovation.
For Description see page 6.

Price of Paper Pattern, Skirt, Tunic, or Bodice, each 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

COOKERY AS AN EMPLOYMENT FOR WOMEN.

By O. K. Moore.

NOTE.—The Second Part of "Bookselling and Librarian Work," by Miss W. Jones, is unavoidably held over for next month.

THE cook has always been an important personage in the houses of the rich. It remained for the Board of Education to find that good food was of equal value to the children of the poor, and now, only thirty years after the inauguration of cookery teaching in the Board schools, it has been decided that the girls of the middle class will not suffer undue intellectual loss if they are allowed to toy with joint and pudding in the intervals of Latin and algebra, and an occasional cookery teacher raises a tentative voice in the learned atmosphere of the high school.

Meantime, the Board has decided that cookery loses none of its virtues by being backed up by improved household management generally. They therefore require their cookery teachers to also instruct in laundry work and general housewifery, and the three subjects are included under the title of domestic economy. The cost of training for a teacher's diploma in domestic economy occupies about two years, inclusive of holidays, and costs, roughly speaking, £60. This fee may seem formidable to a girl with limited means—a description which applies to most teachers—but it is extended over the whole period, being paid in small instalments, and may be lessened by votes or scholarships, according to the training school chosen.

A diploma gained, the teacher commences work, if under the L.C.C., at a salary of £80 per annum, rising by £5 increments to £120, and then by order of merit. In country districts the salary is often better than this, so that if regarded, as all education should be, as an investment, the two years' training gives a good rate of interest from the outset. At the end of the first year, if the teacher has given evidence of capability, her diploma, which until now has only been a conditional one, is endorsed by the Board of Education, and she is practically assured of work at a reasonable salary as long as she may want it.

Her work may consist of teaching regularly in schools, taking extension and evening classes for adults as well as children, or in country places following an itinerary from town to town as the C.C. shall direct. Her lessons must vary according to the material at hand. In town most things are attainable, but in the country vegetables and rabbits may sometimes be her only resources, so she must show her class how to make the best of vegetables and rabbits. Again, there may be a plethora of herrings in some fishing village on her tour, and how to give those herrings "infinite variety" will be her aim. To the teacher whose heart is in her work domestic economy will prove anything but a dull subject.

For the girl who wishes to devote herself exclusively to cookery there are many

openings. Her training will cost practically the same as the teacher's, and her salary, unfortunately, is very variable; but while it will be below £80 at the outset, it may rise above £120 eventually, and she will have ways of augmenting it which are denied to the teacher.

Lady cooks are in much demand in wholesale business houses where dinner is provided for the staff. The hours are short, usually from nine to five, and the pay varies from £50 to £100, according to the generosity of her employer. A good deal of the day is still left free, and the cook could occupy some of it very profitably by making sweets and cakes at home.

Most of the big drapery businesses have opened restaurants for their customers, and in most cases are employing lady manageresses, whose work it is to arrange the menu for the day, superintend the cooking, and sometimes make the more elaborate dishes, look after the waitresses, and see that the silver, napery, &c., leave nothing to be desired. The hours and pay are very similar to those of warehouses, except that teas have also to be considered, and to many people the work would be more congenial.

A new departure which has met with great success was inaugurated recently by two resourceful women, who first qualified as high-class cooks and then took a large flat in a block of "mansions." Here, with the owner's permission, they opened a restaurant for the other flatites, serving each meal at regular hours, and at reasonable cost. The accommodation being limited, each seat in the dining-room has to be booked beforehand, and they have never had an empty one since they started. Orders are also taken for meals, which are sent to the various flats at a slightly increased charge.

Job-cookery is a subject on which there is some misapprehension. It is quite true that the job cook can earn a guinea a day—or supposing that she lives in, 15s. to £1 per week—but unless she has a large and reliable connection the guinea a day represents less profit than £30 per annum in a resident situation, and weekly work is always precarious, added to which difficulties arise. The cook sometimes finds when she takes up work in a new house that it is a not desirable post, and the time that may elapse before she obtains another engagement will make deep inroads into her savings.

While on the subject of speculative work, I would like to say that in sweet, jam, pickles, and fancy cake-making, as in jobbing, everything depends on one's connection—taking for granted, of course, that the cookery is perfect. A decent *additional* income can be made at sweet-making, but not by the girl who knows nobody rich enough to buy her wares at a profit. At the same time, every special branch taken in the training school adds to the cook's subsequent value, and if it can be managed the expenditure of another £5 5s. in the foregoing subjects will be a good investment.

The training both for teachers and non-

No. 8133.—Pleated Afternoon Gown. (For indoor or outdoor wear.)
For Description see Pages 30 to 35.
Price of Paper Pattern, 2s. 0½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

teachers is very similar as regards subjects and fees. The best centres in London are the National Training School of Cookery, 72, Buckingham Palace Road, S.W. (teaching pupils may obtain votes from subscribers); the Northern Polytechnic, Holloway Road (has six free L.C.C. studentships); and the Battersea Polytechnic, Battersea Park Road, S.W., and the National Society's Training School, Hampstead. (Offices: 19, Great Peter Street, Westminster.)

There are eighteen other centres, recognised by the Board of Education, in various parts of the country, with slightly varying fees and local scholarships, of which particulars can be gained from the respective secretaries.

THE DREAM BABY.

By ROSE NOBLE.

"CHILDREN are born nuisances!" Mrs. Brown was energetically wiping the jam from her little boy's sticky fingers, and wondering irritably why she had weakly yielded to his pleading "Take me" when she knew how much out of place he would be in Miss Jane Pullen's exquisitely neat parlour.

"Thank your lucky stars *you* aren't worried out of your life with a family of growing children, Jane!" she finished with a final dab at the offending jammy digits. Miss Pullen put an antimacassar straight on the chair Johnny had just vacated before she answered:

"Bitter goes with sweet in this world, and children should bring comfort as well as worry."

"Yes, maybe so," assented the visitor, her plumage becoming smoother now that Johnny sat quiet and the jam episode had passed.

"And, besides," said Jane, a little humorous twinkle in her eye, "though you grumble at the quiverful, which is the one you want to be rid of, Mary Brown?"

Mrs. Brown smiled, too, softly and tenderly, as she mentally reviewed her big, noisy family. She drew Johnny closer to her (Johnny was wondering whether, all things considered, he wouldn't have had a better time at home where jammy fingers were not such crimes), and ceased to envy the peace and quietness of this childless home. Then a newly-awakened and curious thought came to her concerning Miss Pullen, and she looked at the neat figure opposite, noting the precise little lace collar and cuffs, the hair smoothed and braided in a fashion long past, an old, pretty fashion that seemed to make the wearer stand still, reminiscently, in time and thoughts.

"I can't imagine you bringing up children, so I suppose you were cut out for single blessedness, Jane," she said. "Still, this afternoon you make me wonder why you never married."

But Miss Pullen only smiled politely, and said nothing.

When the visitor had gone, though, her thoughts, disturbed by the conversation, went wandering, and she asked of Fate some questions to which there was not one answer. Why had the tide of life passed by and left her in this little backwater, only disturbed when tiny pebbles of gossip or visits broke the monotony of the calm surface with a faint, quickly-passing ring? If things could have been different—yet she had chosen, and the years given her over again she would act in the same way again. She saw, through a mist of years, the old rectory and the pretty garden. Under the trees there was a hammock wherein reclined a very pretty girl with golden hair and big blue eyes. That was Daphne, the younger sister, who was her care and pride. And beside the hammock sat the man to whom Jane had been engaged these three years. She saw him, unseen herself, and his eyes were full of unspoken love—for Daphne. Jane remembered how a sudden, sharp pain caught at her heart at the sight, and how she went back into the house to fight a battle. If she had kept silence he would have fulfilled his promise and perhaps—— But why think of those things now? She had sent him a note of dismissal and her ring, and then she had put her ideal back in her heart. She knew the real had never been like her ideal, and she knew that she could never be satisfied with less than the dear ideal she cherished. She had given up, as people who cherish ideals must give up, and so she had come to live a dream-life where realities never put foot, a dream-life in a dream-world.

No. 8134.—Visiting Coat and Skirt.
For Description see pages 30 to 35.
Price of Paper Pattern, Coat, or Skirt, each 9½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

She crossed the room and took up a carved box. When it was opened there were glimpses of letters and photos, and amongst them—some queer treasures to be there—a pair of baby's shoes, fashioned of silk and tied with ribbons that were once rose-pink. She had sewn those baby-shoes for Daphne's first baby—the baby that was hurried away with the girl-wife when some business disgrace fell on the father. Jane had never seen nor heard of her sister again, and that had made the passing years lonely and unbearable except for the dreams, which seemed sometimes very definite and happy. There was in them an ideal home and an ideal home-love, where an ideal baby, which never grew up, was happy and lovely.

The shadows grew thicker and the firelight danced up to look at its own reflection in the polished brass of the fender. Jane rose and drew the curtains with a half-thought of protecting her dream-baby from the chill evening wind. When she was in this mood she hummed a little lullaby—

"Hush, my dear, lie still and slumber."

A knock at the front door shook the dream-castle and caused the dream-baby to grow shadowy. Miss Jane locked up her little box hurriedly, and went to see who the visitor might be, for Sarah—who still called her "the young mistress," as in the old days when she was mistress of her father's rectory—was somewhat deaf and given to dreaming, too. But *she* dreamt of a real baby grown up into a bearded man. Her son had been out in America for many years, and Sarah

No. 8185

No. 8186

A TWEED TAILOR GOWN AND A SMART VISITING FROCK.

For Descriptions see Pages 30 to 35.

Price of Paper Pattern, "Seamless" Corselet Skirt, 1s. 0½d.; *Skirt, Foundation Skirt, Coat, Blouse, each* 6½d., *post free, of* MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

always dreamt of the time when he would be home again, able to fulfil all the boyish promises he had made to his mother—silk dress and gold chain, carriage and horses and all. Not that the mother-love cared for these things, only for the giver.

Sarah came into the little hall just as Miss Jane opened the front door. A slight, girlish figure, with golden hair and big blue eyes, stood in the doorway. She carried a baby in her arms, and she held them out so that Jane would take her burden from her.

"I'm so tired," she said.

"It's Miss Daphne!" cried Sarah, forgetting the passing of years; "Miss Daphne to the life!"

Jane looked down, her heart full of wonder, at a baby that looked like Daphne's baby and the dream-baby, too. Subsequent explanations never quite dispelled either those thoughts or the wonder. She heard herself described as a great-aunt, and this Daphne told of a grave in a country churchyard near a French town where the other Daphne slept. She spoke, too, of her own husband, who had sent his wife home from India to find Aunt Jane and an English home for the baby. But these things seemed to Miss Jane far away in comparison to the nearness of Daphne as she had known her, and the dream-baby come to life. She forgave and forgot everything else.

Daphne put the baby on a snug pile of cushions in a corner of the big, old, roomy sofa, and she followed Sarah up to the spare bedroom, Sarah ejaculating, "Well, well! Who'd have dreamt it!"

Aunt Jane stayed behind to mind the baby awhile. A little dimpled foot peeped out from the disarranged shawl. Had Mrs. Brown been there she would have re-arranged the baby and the shawl in a matter-of-fact way, but Miss Jane felt a little shy and nervous. She crumpled up two of her best antimacassars and put them over baby's feet, but was not satisfied; they were so cottony and starchy and baby's foot was so pretty and tender. She wrinkled her brow in thought for a while, and then, smiling, went to the box and took out the dream-baby's shoes. Then she sat in her chair and nursed the real baby, singing the lullaby whilst she put the silk shoes on the tiny feet.

They fitted comfortably, and they were so soft and warm that baby smiled, a contented, knowing little smile that said as plainly as could be, "I've come straight from the land o' dreams where children and the pure in heart meet, so we know each other, don't we?"

THE "IDEAL" COOKERY BOOK.

This is a selection of some 200 well-tested recipes, by Miss Lilian Clark, for savouries, pastry, custards, all sorts of plain and delicate sweet dishes, summer and winter drinks, &c., &c. It is sold at the modest price of 6d. (by post 7d.), by the publishers, Beeton and Company, 10 and 11, Fetter Lane, E.C.

Personal Appearance.

HOW TO MAKE IT MORE ATTRACTIVE.

By Mistress Anne Page.

BEAUTY OF FIGURE.

NOW and then, but not very often, one hears a woman complain of being too thin, but the majority worry very considerably because they are too stout, especially now that for the time-being the fashion in frocks is to have them as tight and narrow as they can be worn with self-respect. So we will take the stout figure first and see how that may be made more beautiful according to the French and English ideal in this matter.

No. 8137.—Beautiful Tea Gown of Louis Velveteen.

For Description see Pages 30 to 35.

Price of Paper Pattern, 1s. 0½d., post free, from Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

In the first place early rising is an essential factor, for long hours in a warm bed certainly tend to make one more fat. Seven hours' sleep is all that a stout woman ought to allow herself; so if she goes to bed at 11 p.m. she should get up at 6 a.m., open her window as wide as its make allows, and with heels together, and head held high, chest arched, shoulders down, and arms hanging quite loosely at her sides, she should inhale a deep breath as deliberately as she can through her nostrils and then exhale it evenly and slowly through slightly parted lips. This is to be repeated ten times.

Then, with heels together, and head held up well as before, she should place her hands rather heavily on her hips with the thumbs pointing backwards, rise as high as she can on her toes, and then, with the body kept quite upright, should sink very gradually down as if going to sit on her own heels, but she must not slip, nor sit on the floor. This rising on tiptoes and going down into the sitting posture must be repeated eight or ten times. Next the arms should be lifted as high above the head as they can be stretched, the points of the fingers of both hands made to touch, and then be brought down to the toes, the body bending at the waist, but the knees being kept rigid. This is to be repeated eight times; a short breathing exercise should follow, and then the bath in tepid soft water is to be taken.

While in the bath the hands should be freely lathered with Wright's Antiseptic Coal Tar Soap, and the whole of the body shampooed with them, especial attention being paid to the abdomen and hips, which should be rather deeply kneaded with them. After drying with towels the body should be massaged all over with the open hands, rubbing down from hip to ankle first on the right side and then on the left with both hands, one following behind the other. This is an exercise that sends a glow over the whole body, and it also tends to reduce the size of the waist and hips, as well as to make the skin more alive and active.

Twice a week a hot bath should be taken at night after ten minute's breathing and trotting exercise. The breathing is to be done as directed for the morning exercise, and the rest consists of standing on an imaginary chalked line, with hands pressed tightly on hips, and then moving the feet quickly as if trying to run very fast, but without advancing a step off that line.

(To be continued.)

Your patterns are all so well cut, it is always a pleasure to use them."—C. L. G.

No. 8138 No. 8138A

No. 8138B

SMART EARLY SPRING MILLINERY.

For Description see pages 30 to 35.

THE ART OF BRAIDING.

By MRS. HAMER-JACKSON.

BRAIDING is by no means the result of modern culture or of the latest combination of art and the needle. Indeed, like most needlework, the birth of it is lost in the dimness of ancient history, and long before braid could be purchased as a ready made convenience with which to follow the lines of a design quickly and effectively, threads were patiently plaited and used in the same way. Braid is now extremely fashionable, and has the great advantage of always looking perfectly neat and in good taste. It is a simple and easy work, which requires no special gift to bring it to a successful issue, and as long as a pretty design is chosen and transferred on the material, anyone who can handle a needle ought to be able to do braiding. The braid itself can be obtained in almost any colour, or of any thickness, a fine make giving a much better appearance than a coarser one.

When doing an important piece of braiding, it is always advisable to measure, as near as possible, the length required for the entire scroll or pattern, as it is difficult to join the braid neatly again. If the length is a very long one it is better to roll it into a ball, leaving a long piece free and tying up the rest. One end is then threaded through the material from the front with a darning needle, and secured at the back of the material at the point where the design begins. The braid is then carefully laid on the lines which are to be covered, and sewn down in the middle of the braid in long invisible stitches.

The corners are always a ticklish point, but workers will soon be able to do this all right, as the braid is so made that it bends quite easily, but sharp corners must always be avoided.

The number of decorative stitches which may be used in connection with braiding to make the work look more elaborate is legion, and a whole volume might be written on the subject alone. All kinds of fancy stitches are utilised, but perhaps none with a greater success than our old friend the French knot. It always looks good, neat. and pretty, fills up effectively all the little nooks and corners, and gives to the work the hall mark of hand embroidery.

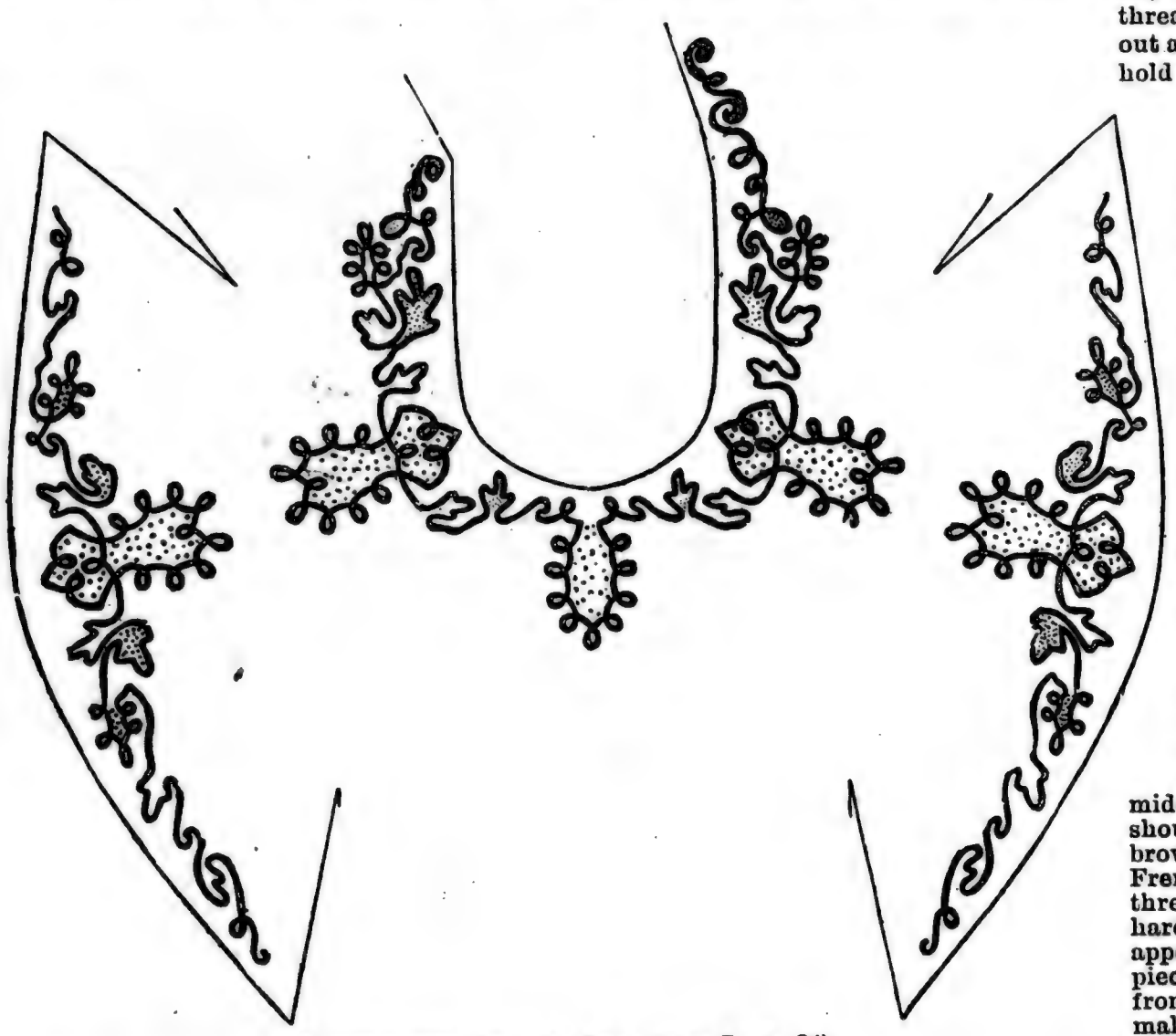
It, however, happens often enough that, for some reason or other, the exact shade required cannot be found, or the braid is too fine, or too thick, &c., &c., and the worker, in despair, does not know how to proceed. It is then that braid stitch, more widely known as chain stitch, comes into use. The difference between chain stitch and braiding is that the former is entirely hand work, the formation of the stitch forming the braid, and has the double advantage of being very cheap, effective, and easy.

To work chain stitch successfully use some mercerised stout embroidery threads. When worked, these threads, on account of their special thickness, give the best results as braiding medium, and can be obtained in any colour. Thread a needle with a long thread, make a knot, and bring the needle out at the point where you wish to begin; hold the thread down with the left thumb, put the needle in again at the hole through which you brought it out, take up ¼ of an inch of stuff and draw the thread through; that will form the first link of the chain. In repeating the same process from where you first brought out the needle, you will form a continuous chain with which you will follow all the curves and angles of the design.

The charming little coat illustrated on the front cover is artistically decorated with braiding and French knots, a sketch of the work being shown on this page,

The coat itself is cut on novel and graceful lines which give full scope for the execution of hand-worked embroidery, whether in braiding, chain stitch, or stem stitch.

The original model from which the sketch has been taken was in a very pretty fawn face cloth, the braiding being worked in a deeper shade of fawn, almost light brown silk or mercerised thread, whilst the middle of the scroll medallions on the shoulders and back were filled in with rich brown velvet and the smaller scrolls with French knots of brown silk or mercerised thread, the shade of the velvet. It is hardly possible to describe the elaborate appearance of this most simple and easy piece of work, which, instead of emanating from the hands of a costly West End dressmaker, as one would have thought, was the result of a mother's handiwork. It requires only a little patience in cutting out the material according to the pattern, as explained on page 26, and carefully transferring the design (which can be bought separately from these offices for 6½d.) with a warm iron pressed lightly over the transfer, which must be placed face downwards on the material to be embroidered. The tassels which give such a graceful finish to the draped shoulder-pieces can be made up with embroidery thread in the two shades of brown in the following way:—Wind the thread round an ordinary book until you have a good thickness of it, then under the threads slip on the side where the book opens one or two single threads, and tie firmly. Insert the scissors on the opposite side between the wound threads and the back of the book and cut. Fold over where the threads are tied together, and twist some thread tightly about three-quarters of an inch down. This will form a perfect tassel quite equal to any which you would have to buy.



BRAIDING FOR CHILD'S COAT (SEE PAGE 24).

Full-size Transfer of the Braiding can be had, price 6½d., post free, from MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

"I think it (the embroidered blouse) quite the prettiest of the kind I have seen.' —N.B

No. 8139 No. 8140 No. 8141

No. 8142 No. 8143 No. 8144

EARLY SPRING COATS AND FROCKS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, each 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

No. 8145 No. 8145A No. 8146

THREE SMART SPRING TAILOR GOWNS.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Skirts, each 6½d.; Coats, each 9½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 8147 No. 8148 No. 8149

No. 8150

No. 8147.—Overblouse. Full-size transfer of Embroidery, price 4½d.; Pattern and Transfer, 10½d., post free.

No. 8148.—Overblouse. Full-size Transfer of Embroidery, price 6½d.; Pattern and Transfer, 1s. 0½d.

No. 8149.—Key Pattern Embroidered Blouse. Full-size Transfer of Embroidery, 8½d.; Pattern and Transfer, 1s. 2½d.

No. 8150.—Embroidered Blouse. Full-size Transfer of Embroidery (yoke and cuffs), 5½d.; Pattern and Transfer, 11½d.

BEAUTIFUL EMBROIDERED BLOUSES.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, each 6½d., post free, from Madame Myra, *10 and 11, Fetter Lane, E.C.*

No. 8151—--No. 8151A

A LACE BLOUSE
AND
BRIDGE COAT.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, each 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8152 No. 8153

TWO LOVELY EVENING GOWNS.

For Description see Pages 30 to 35.

Price of Paper Patterns, Princess Corselet Skirt, Underdress or Princess Tunic, each 1s. 0½d.; *Skirt, Foundation Skirts, or Kimona Blouse, each* 6½d., *post free, of* Madame Myra, *10 and 11, Fetter Lane. E.C.*

No. 8154

No. 8155

No 8156

ELEGANT EXAMPLES OF THE NEW TAILOR STYLES IN CO

For Descriptions see pages 30 t

Price of Paper Patterns, Skirts, and Short Coats, each 6½d.; Long Coats, each 9½d.

No. 8157 No. 8158 No. 8159

TAILOR STYLES IN COATS AND SKIRTS FOR THE EARLY SPRING.

For Descriptions see pages 30 to 35.

, each 6½d.; Long Coats, each 9½d., post free, of MADAME MYRA, 10 *and* 11, *Fetter Lane, E.C.*

DESCRIPTIONS OF THE FREE PATTERNS.

[Note.—Our Free Patterns, presented with each number, are always cut *stock size* for ladies: Skirts (from *natural* waist), 40in., front length (except for trottoir, when length is only 38in.); waist measurement (skirts, coats, blouses, &c.), 24in. Children's patterns are cut the recognised stock size for the ages quoted in the description. *No* turnings are given.]

FOUR-GORE TAILOR SKIRT.

THIS charming little walking skirt has the new slightly short waist (only 2 inches in front and 3½ inches at the back higher than the normal waist, and this can easily be modified, if required, nearer the normal waist line). It has also the central front seam. As cut, it is just off the ground, but it is easily shortened into trottoir length (for cycling, morning wear, &c.), and is also easily lengthened to a train, to be made in satin to go with our beautiful draped evening blouse pattern.

The pattern of the skirt is in two pieces: one back, one front. The breadths are beautifully shaped, to mould the figure almost to the knees, without being at all tight. The diagram shows the pattern pieces laid on the very short length of 3 yards 48-inch serge. As serge is reversible, the breadths are interlaced. If face cloth is used another half yard must be allowed. Material is also saved by folding the material in half; but as the half-width is not nearly wide enough for the back breadth, added corners are seamed on at *a b* up the selvedges. If this seam is objected to (it is practically hidden by the braid and in the folds), the skirt will take 4 yards. This allows plenty of waste, which could be utilised towards the pleated blouse illustrated with the skirt, and which can be folded on the free one-piece shirt blouse pattern.

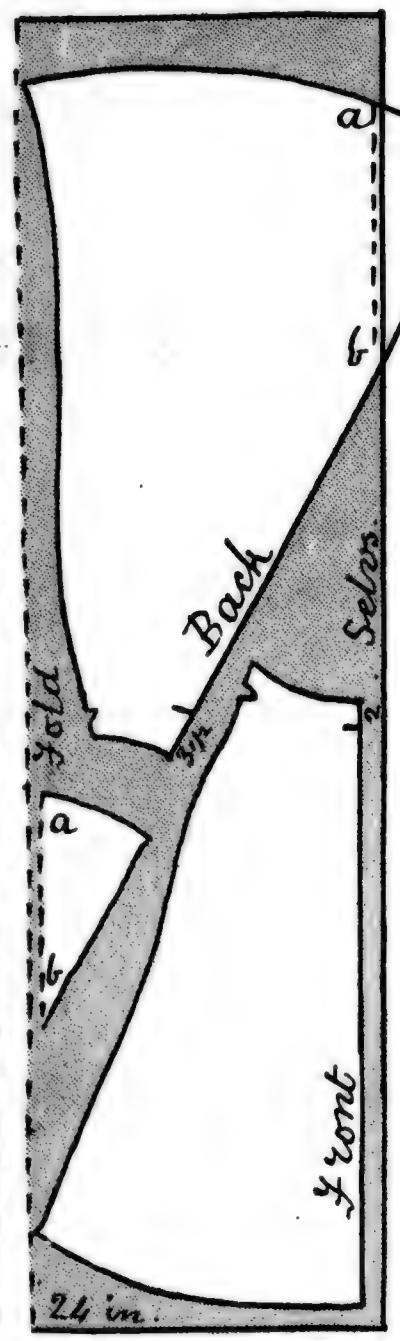


Diagram of Free Skirt Pattern.

For this charming skirt pattern I strongly recommend the beautiful South Devon serges, which are in several widths and prices, several weights. For patterns of the serges send to the Manager, South Devon Serge and Blanket Warehouse. Teignmouth, Devon.

Tack the gores together according to the notches, leaving the opening in the back seam. The turnings of the opening should be carefully stitched down and closed with Newey's Imperial Spring Hooks and "Neweye" bars. The top is finished with a piping of the serge. The fit should be very smooth, but not tight enough to wrinkle. In fitting it is quite easy to lower the waist line by at least an inch, taking in the seams a trifle.

Line the skirt edge as far as the braiding with muslin faced with silk. Hem the lower edge, pressing the turning well and felling down over the faced muslin. Wide and narrow silk braid is used. If a blouse is made of the skirt material, the yoke and long cuff should be prettily braided.

If preferred, the skirt could be lined throughout, or it could be worn over a shaped foundation skirt.

No. 2.—Free One-piece Shirt Blouse.
(For tucked, striped, or plain materials.)
(For description see this page.)

ONE-PIECE SHIRT BLOUSE.

This is a model to be recommended. It is the only easy method of producing the finely tucked blouse which is tucked all over. The pattern is in one piece—half the blouse. If to be made of plain material, folded to the flat pattern—to make the wide-fold blouse of serge illustrated with our Free Skirt Pattern—the front centre of blouse is laid along the fold of the double-width material, which has to be folded in half, selvedges meeting. But for our tucked model illustrated, the material must be bought ready tucked, or it is completely tucked by the dressmaker before she cuts her blouse.

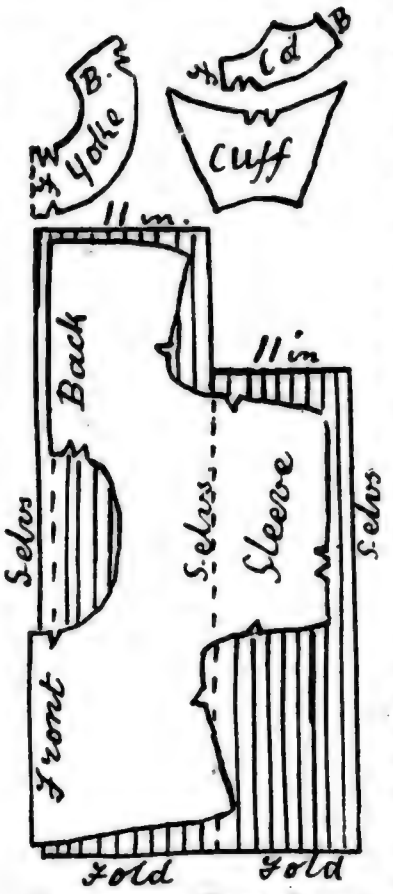


Diagram of Free Shirt Blouse Pattern.

In tucked material it is necessary to have a seam in front, because the tucks must face each other, or turn from each other, both in backs and fronts. It looks best if the tucks of fronts turn from each other, and then a strip of the material (finely tucked or plain) can be added in front to simulate a box-pleat. If the tucks are very fine, they can go all one way, and the centre seam can be avoided.

The pattern is in four pieces; half the tucked blouse (half of front, one back, one sleeve), half the yoke, one cuff, half the collar. The diagram shows two widths, doubled as shown so that blouse pattern is cut in duplicate, of 22-inch silk, tucked into 11 inches and seamed together beneath a tuck so that seam does not show. The edge of front centre protrudes over the selvedge of the first breadth (see diagram) for an inch, because here is inserted the 2-inch front box-pleat, which is supplied by the "waste." See that you keep your back and front lines exactly straight to the tucks and that your duplicate fronts and backs correspond exactly, each to each.

Sew your front seam, and cover it with the false box-pleat. Tuck the stitched seams (under arm and under sleeve), and try on. Stitch and press the seams. Edge the neck with a hem or piping of velvet. Hem the lower edge.

Cut the complete yoke, collar and cuffs in stiff paper, and work on the stiff patterns the rows of lace in rows, whipping the edges of the Valenciennes together. Collar

must be boned. Hem backs of yoke and blouse. Secure the yoke beneath the piped edge of the blouse after tacking together and adjusting the fit. Seam together yoke and collar. The blouse fastens with small hooks, worked over with silk and worked silk eyes.

The cuff can fasten in the same way. Finish the edge of the sleeve under a tuck, and ease into the lace cuff. Yoke and cuff could be lined with silk.

This blouse makes up beautifully with striped material, or a wide folded blouse can be arranged upon the pattern. The best way to do this is to cut the complete one-piece blouse in firm paper. Arrange your central box-pleat down centre, then fold to the right and left, making the two sides correspond exactly, or the complete blouse can be cut in the light but firm lining, and the folded serge be arranged on that. Arrange width of pleats so that the shoulder pleats (just above sleeve) come in the right place.

The quantity of tucked material will vary according to width. Arranged

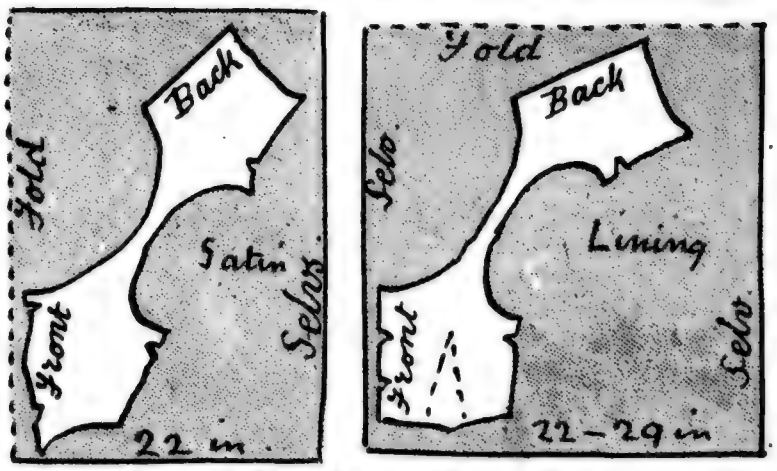


DIAGRAM OF FREE EVENING BLOUSE AND LINING.

No. 1. — FOUR-GORE TAILOR SKIRT.
(Showing another arrangement of the Free Shirt Blouse.)
For Description see Page 24.

No. 4.—GIRL'S SPRING COAT.
For Description see Page 26.

No. 3. — DRAPED EVENING BLOUSE.
(Showing also an adaptation for Afternoon Wear.)
For Description see Page 26.

THREE OF OUR FOUR FREE PATTERNS.

(For Illustration of Free Pattern No. 2, see Page 24.)

as in diagram (two double widths of 11-inch tucked material) 4½ yards will be required.

A DRAPED EVENING BLOUSE.

Besides being particularly pretty and up-to-date, this blouse is very simple and very quickly made. The pattern is in two pieces: half the lining, half the blouse pattern (front and backs in one).

The diagrams show (1) the lining pattern placed on 1⅞ yards of 22-inch white silk, which is opened out and is doubled, so that pattern is cut in duplicate. Backs and front should be in one, but as the silk is to be veiled, a front seam (neat and well pressed) does not matter. (2) The blouse pattern laid on 1 yard 44-inch satin or handsome silk.

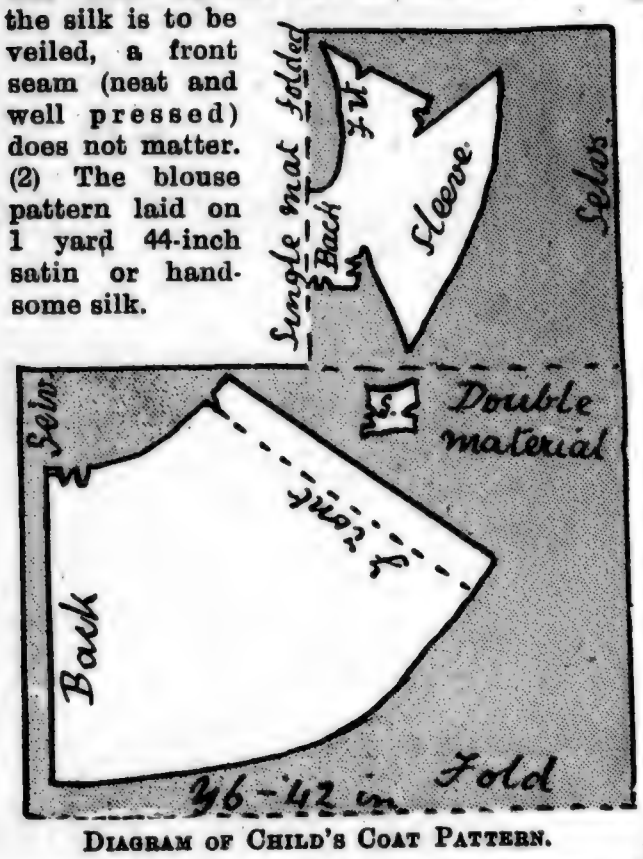


Diagram of Child's Coat Pattern.

To an inch or two below the single and double notches veil the neck of the lining with lace threaded with a runner of velvet baby ribbon. Gather the seamed satin on the lining, the notches of front in satin and lining coinciding. Tack the breast darts of lining, which is best fitted before the satin is draped upon it. After fitting, stitch the seams, and this pretty, simple blouse is almost finished. Hem the backs and close with very small Newey's Imperial Spring hooks and eyes, the eyes worked over with silk so as not to show. Hem or bind the lower edge, which reaches the natural waist. Stitch on wrong side a strip of the silk lining following the line of the high waist skirt, and sew on eyes to receive the hooks on the skirt. The sleeve is a wisp of chiffon. A bow of satin (taken from the "waste") decorates the draped front.

This blouse pattern can be used for a day blouse in various materials, to match the free skirt, and this will use up any skirt waste. A detachable yoke and long tight sleeve of lace or tucked silk must be added. The illustration shows how very elegant the day version of our free blouse can be.

GIRL'S SPRING COAT.

No prettier model could be had. It is very simple—a circular skirt and a one-piece Empire bodice—back, fronts, sleeves cut in one. Neck and sleeves are prettily braided or embroidered, but this part of the work is dealt with by Mrs. Hamer-Jackson on page 16.

The pattern, cut for a girl of eight, is in two pieces: half the skirt, half the one-piece bodice. The diagram gives the pattern pieces laid on 2½ yards 36-42-inch material. Cashmere is a beautiful material, or thin cloth. Later on Robinson and Cleaver's 36-inch linen will build the coat admirably. The cashmere is opened out and is doubled beneath skirt pattern, so that it is cut in duplicate. Unfortunately, material (except 72-inch white linen) cannot be got wide enough to take the whole skirt. The cashmere is folded over (selvedges meeting) for the bodice, the back centre being laid along the fold.

Braid or embroider the bodice part. Tack it to the skirt according to double and single notches, and try on. Lay muslin beneath embroidered parts. Line coat throughout with silk, slip-stitched to coat edges, which have previously been herring boned or stitched down over a band of muslin. Tassels tip the four sleeve points. The coat, which is double-breasted, closes with a single button and button-hole, or with hooks and worked loops. The skirts fall free.

If preferred, the double-breasted part (shown by a dotted line in diagram, and the notch in pattern) can be faced with the cashmere. A smart tasselled button (see illustration) is an elegant addition.

No. 8160.—Elderly Lady's Dinner Gown.

For Description see pages 30 to 35.

Price of Paper Pattern, Princess Underdress, 1s. 0½d.; Coat, 9½d.; Foundation Skirt, 6½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

"The dress you have suggested is just exactly what I wanted."—L. O'S.

Nos. 8161 & 8161A

No. 8162

No. 8163

No. 8164

No. 8165

No. 8166

ELEGANT SPRING OUTFITTING.

For Descriptions see Pages 30 to 35.

Price of Paper Patterns, Dressing Gown, 1s. 0½d.; the other models, each 6½d., post free of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

COOKERY & HOUSEHOLD MANAGEMENT.

SOME ECONOMICAL DISHES.

IN spring, when fresh vegetables are scarce and expensive, just in the weeks when winter things are done, and out-door greens are, as far as home-grown things are concerned, still matters of anticipation, it is a constant surprise to knowledgable people that more use is not made of rice as an accompaniment to meat dishes; of macaroni, and of such easily-obtainable things as green corn (to be had in tins from any grocer), haricot beans, lentils, and so on. A careful housekeeper will understand how cheap these things are, and how well some of them fill up the gap in the day's catering which is made by the absence of the vegetables upon which she relies in summer-time. She knows, also, that nowadays many people prefer more vegetable than meat food, and that there are many who from principle abstain from meats during Lent; and for them, too, if she be hospitable, she wishes to provide food appetising and nourishing and suitable to their tastes. There is, besides the sense of suitability and variety and cheapness, another aspect in which to view these dishes. They are more than useful, now and then, to eke out supplies when, possibly at a time when meat or poultry is not obtainable, the family party is enlarged by unexpected visitors. At such times a vegetable dish and a salad naturally occur to mind, and happy is she who knows how to achieve either or both of these quickly and satisfactorily, or who can boil or fry or otherwise cook rice (which is so often only served as rather a "sodden milk-pudding") so that it is a more than welcome item in her little feast.

HOW TO BOIL RICE.

The boiling of rice (whether it is to be served as a border for curry or any other dish, or to be sent in as a vegetable accompaniment to meat, or to be dressed with onions, tomatoes, cheese, fish, &c., as a separate dish) is of the first importance. Most cooks forget how much rice swells, and they put it in a small pan, and let it boil slowly, or for too long a time, with the result that a mass of objectionably sticky stuff is all that they can show for their efforts. Now a large pan and plenty of fast-boiling water, salted, is absolutely necessary. For an ounce of rice a quart pan must be used, with quite three-quarters of a pint of water. The rice must be sprinkled in, not dumped in a mass, when the water is rapidly boiling. Half a teaspoonful of salt is enough for this quantity, and a few drops of lemon-juice may be added, which will keep the rice a good colour. Larger quantities of rice naturally require a larger pan, and water, &c., &c., in proportion. The rice should be stirred (with a fork) now and then, and when it has boiled *rapidly* for ten minutes a grain must be tested between finger and thumb to see if it is soft. If not, boil for a few minutes longer, not more than fifteen altogether, and immediately pour into the pan a pint of cold water. This stops the boiling and helps to separate the grains. Now pour away all the water through a sieve, return the rice to the pan, and let it dry for ten to fifteen minutes on the stove; or put it on the sieve into the oven, and serve it when it is absolutely dry and every grain is separated.

When rice is boiled to use in a "Made-Dish," it should be only partly cooked, and then drained, and added *without* drying to the other ingredients (of which more hereafter).

FRIED RICE.

Quarter pound of rice, boiled and dried. Then fry it in half an ounce of butter, until it is nicely browned, pepper it and sprinkle salt over, pile in a dish, and serve as a vegetable. This dish may be made very piquant if a pinch or two of curry powder is put into the butter when it is hot and liquid and ready for frying with.

RICE WITH CHEESE AND TOMATOES.

To ½lb of cooked rice stir in an ounce of butter, add salt and pepper, and mix well. Then pour in as much tomato sauce or tomato pulp as will moisten the whole without making it too liquid. Add two or three ounces of finely-grated cheese. Mix well and serve very hot.

RICE WITH ONION.

Boil together, until perfectly soft, two good-sized Portugal onions, six large tomatoes, and a teacupful of raw rice, in half a pint of milk, with a seasoning of pepper and salt. Stir now and then to prevent sticking to the pan, and just before serving add 1½ ounces of grated cheese.

RICE AND CABBAGE.

Cook a small cabbage, cut into small pieces in the usual way. Have also an equal quantity of cooked rice. When both are ready put them into a clean pan, with as much stock as will just cover them. Mix well, cook for five minutes, then put into a piedish with a liberal cover of grated cheese, which should be browned before the fire just before serving. It is obvious that "remains" of cabbage and of cooked rice may be used up in this very appetising way. Other "remains" which may be used are those of fish, anchovies, shrimps, lobster, and in either of these cases a little dry mustard is a great improvement to the dish.

TO COOK GREEN CORN.

Strain off all the liquid from a tin of corn, then simmer till tender, but not soft, in a tablespoonful or two of milk, with half an ounce of butter and a seasoning of pepper and salt. It may be served simply cooked thus, with a little oiled butter; or arranged on a dish with poached eggs over it; or as a border to a dish of ordinary buttered eggs; or mixed with buttered eggs and served on hot toast; or baked in a piedish, with alternate layers of white sauce, browned crumbs, and grated cheese; or with tomato sauce. It will be seen that a small tin of tomatoes and one of green corn are valuable things to have in the emergency cupboard.

HARICOT BEANS.

These require very long soaking, quite twelve to sixteen hours, and slow boiling and long simmering before use. They must soak in cold water, which is poured away afterwards. Then, in slightly salted water brought slowly to boiling point, and then quietly simmered for two hours. After this they may be served covered with tomato sauce or onion sauce, or merely as a dry vegetable, though in this case they seem to me very tasteless things, and ought to have a little oiled butter with a few drops of lemon juice in it handed with them.

HARICOT BEAN PIE.

Fry an onion and two cloves of garlic in a little fat or butter till they are nicely browned, add a teaspoonful of curry powder and a cupful of tomato pulp, and mix well. Add a little pepper and salt and a few drops of vinegar or tarragon vinegar. Put in the beans and mix well. Now put the whole into a piedish, cover with short crust, bake, and serve.

A similar mixture of beans, &c., may be mixed with one egg and steamed in a mould for an hour, and then turned out and garnished with parsley.

POTATO SALAD.

Mash remains of cold potatoes and mix them with any remains of cold fish. Add a few chopped capers, a little chopped onion (if at hand), a little oil and vinegar, and a seasoning of pepper and salt. Serve in a salad bowl, and decorate with a little of any nice pickle, drained from all liquid, and cut in thin strips.

The recipes I have given are only a few from the large number which are obtainable. I will gladly give others in correspondence, but must remind my readers that answers in Myra take more than a month to appear. Answers by post take a few days only (they have to be forwarded to me, as I do not live in Fetter Lane), but they must always be accompanied by sixpence in stamps and a stamped and addressed envelope, according to the Rules for Correspondence.

Letitia Hope.

ANSWERS TO CORRESPONDENTS.

Salt Cod.—I fancy the fish you mean is what is known in Scotland as "Tusk." I believe it is cod, salted in Shetland; but I am not sure. What I am certain about is that it must be soaked, in frequently changed water, for twenty-four hours at least, before cooking. Then put it into cold water, in a fish kettle, bring it slowly to boil, and let it then simmer steadily until it is cooked, which is when the flesh begins to shrink away from the bones. Serve it on a napkin, garnish with parsley and slices of fresh lemon, and hand egg sauce or parsley sauce with it. It is a great Ash Wednesday dish in some places, with potatoes and parsnips as an accompaniment, and a plain boiled rice pudding to follow. I know of no better Lenten penance myself; but there are people who like it.—Carbon.

(*Continued on Page* 42.)

"Your journal is indeed a great help to me. . . . I have to rely on a good book."—Miss D. B. (Newcastle-on-Tyne).

GRAPHOLOGY DELINEATIONS.

By Edith OShea.

All letters must be sent to "Graphologist," Myra's Journal Office, 10 & 11, Fetter Lane, E.C.

(1) To be delineated in these columns, *specimens of handwriting* must be received on or before the 25th of the month.

(2) Delineations will be given free if inserted in these columns. Readers desiring detailed postal replies must forward six penny stamps and a stamped addressed envelope, but in either case the coupon cut from the current number must accompany *every* letter.

(3) Letters must consist of not less than 100 words, copied matter and lined paper being inadmissible. The usual signature must always be given, but a nom de-plume is also required for printed replies.

Interested (China).—This writing shows sensitiveness and kindness of heart. You are very generous, and would always give your help to anyone in distress. You have a great sense of the beautiful, both in Nature and Art, and should be able to paint well. I do not see any real faults, there is only one thing, if that can be counted a fault, and that is you sometimes hesitate in deciding things. You are honourable and particular in all your dealings, and possess good penetration, which should make you a good judge of character. The mind works clearly and rapidly, and you have a fair amount of logical deduction.

Hottentot (South Africa).—One prominent characteristic in this writing is its extreme energy, you are very active and your ideals are high, and you are conscientious about all your work. Your temperament is ardent and impulsive, but you have trained yourself to be patient. I judge you to be fond of companionship, "a double loneliness" rather than a single would appeal to you. You are cheerful and optimistic. Beauty of form would particularly appeal to you. You should make a good manager or overseer, and you have plenty of fighting courage. The signature shows simplicity of taste, a certain amount of caution and loyalty in friendship.

Micawber.—I am always very glad to hear from such old subscribers. You are very ardent in temperament, have courage, and like to hold a prominent place in things. You are very energetic, and your mind also works quickly and easily, but your imagination is almost too fervid. The will might be stronger, as you are rather apt to be swayed by the opinions of others. You are reserved and would not readily confide in anyone. Only nom-de-plume is given, not the signature, so I am unable to delineate that part. A good deal of personal dignity is revealed by the form of the capitals.

Plunge.—Most decidedly accuracy is not your strong point, this is revealed by the writing, and also by your statement that your former letter was posted on December 14, whereas it was never written till the 20th, and bears the postmark of the 21st. You are very reserved and have a fair amount of caution. I judge you to have a tendency to asthma, for the writing reveals a difficulty in breathing. You are very active, and the temper is often irritable. Your will is generally pretty strong, but your weakness lies in your inability to resist flattery. You have much personal dignity and good imagination.

Sweet Charity.—Much perception of character is revealed by this specimen. You are energetic and very painstaking about your work, giving great attention to all details. At times you are slightly irritable, this I think is because you do not let your feelings have enough play, you have repressed them rather too much, and although anything in the slightest form of hysteria is greatly to be objected to, it is not altogether wise to repress one's feelings too strongly. Many of your capitals show a decided sense of form, which should enable you to be a good dressmaker or milliner. Very many thanks for all your kind wishes, which I heartily reciprocate.

Giraffe.—This specimen shows clear reasoning, yet the will is weak. Try and strengthen your will-power, do not let others persuade you against your better judgment. Once having made up your mind after due consideration, keep to that decision and hold your own. Your ideals are high and you have patience. You are very tidy and orderly, liking to have all details quite correct. Simplicity of tastes and dislike of vulgarity are shown, but you want to develop your character more—I judge you to be rather too timid at times.

Mair.—Your writing reveals much activity, both physical and mental. You are hopeful and honourable, and have that welcome gift of tact. Very warm hearted and fond of pretty things, especially pretty clothes. You have much imagination and a certain amount of personal pride. I judge you to be fond of

No. 8167.—The New Norfolk Coat.

For Description see pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of Madame Myra, *10 and 11, Fetter Lane, E.C.*

music, particularly sacred music. At times your mind works so rapidly that your pen has difficulty in keeping pace with it, and this quickness occasionally gives rise to a little impatience with others.

Mia Stuart (N. Queensland).—Your writing shows self-reliance and much generosity. You are very energetic and fond of all outdoor pursuits, and particularly of flowers. You have much intuition with considerable finesse and tact, you would be able to teach successfully in any difficult situation. You are very honourable in all your dealings and have a strong but not aggressive will. You possess much courage and originality. Beauty, particularly of form and beautiful scenery, would always strongly appeal to you. The signature shows a fair amount of caution, love of children and animals and loyalty in affections. I was very pleased to get your interesting letter. I think you will, on your return, find London "buzzier" than ever, but quite as attractive. I can quite understand how you look forward to coming home again.

Shelagh.—Strong sense of form is shown by your writing, and you are self-reliant. You are honourable and ambitious, and with the force of character and intuition you possess, should be successful in life. You have a very strong will, but I do not think you would use it to anyone's disadvantage. Your ideals are high, and you would always endeavour to act up to them. You are cautious, and till you know anyone well, would be very reserved with them. You are tidy and of a prudent nature. Many thanks for your kind wishes.

Noyall.—This writing shows clearness of ideas and rapidity of thought, and at times a tendency to depression. The extremely exaggerated style of the capitals denote self-assertion and self-esteem—you would not be at all willing "to take a back seat." You have a strong will, and the temper is at times quick, particularly if your dignity is offended. You like gaiety, and have a certain amount of originality, and are enthusiastic. Guard against a tendency to exaggerate in anything, as it might lead to eccentricity. Ardent and impatient in temperament.

Snowdrop.—You are kind-hearted and self-reliant when once you have decided on a course of action, but you have a tendency to hesitate with regard to that decision too much. You are patient, like to be very correct about your work, and are painstaking. You are cheerful and an admirer of all beautiful things. Are very reserved and dislike showing your feelings. The signature shows dislike of any pretension and vulgarity, and you have a lucid mind. The will power might be stronger.

Editha.—Thank you very much for your most kind wishes. This writing shows a certain variability of temperament—try to be more decided, there is no need to be aggressive, but it would be well to have more "backbone." You are optimistic and plucky, and this should help you much. Methodical and pay great attention to details. Very fond of all pretty and graceful things and possess good observation. The capitals reveal veneration and high principles. You are fairly cautious, and loyal to all your friends.

Emblem.—This specimen shows much activity, chiefly physical, which, if carried to extremes, tends to make you restless. Sometimes you are inclined to look on the dark side of life and become depressed. Your thoughts flow rapidly, and you have a certain amount of finesse, are very reserved unless you know people well. The temper is irritable, chiefly on account of your active nature. The will might be firmer. Fairly cautious and loyal to friends.

The Sun (Holland).—I wish correspondents would remember that rules are made to be kept. Unless they do this they cannot expect to get a very accurate delineation, and this particularly applies to "copied matter and lined paper." Love of colour and some originality are shown by your writing. The somewhat compressed style (whether this is the result of trying to get the subject into the same number of lines as it was in what you copied I do not know) shows you to be rather self-centred. Try and take a wider outlook on life, you are too self-conscious and inclined to analyse your feelings too much. Inclined to economy, and, as a rule, reticent as to your feelings. You would be fond of travelling. Personal pride is shown, and you would not, as the expression goes, "give yourself away."

Paddy (or what looks like it).—This specimen shows you to be generous and inclined to extravagance at times, also to have a high sense of honour and tactfulness. You are fond of the society of others, have good penetration and know when to say the right thing. You are ambitious, and the temper is quick, but you would not be unkind. The will is firm, and when once you start a thing like to carry it through. The signature shows force of character, some originality and good caution, so that you would never rush into any new undertaking without due thought.

(*Continued on page 42.*)

"Myra's Journal is the best fashion book one can buy and the Free Patterns are lovely."—M. Y. A.

Descriptions of Our Illustrations.

A Smart Coat and Skirt of Plaided Tweed.

No. 8123, Page 3. Five-gore skirt of tweed or serge, unlined, cut circular enough to fall in rich flutes. See that stripes of plaid run straight down the centre of each breadth. Wear over a five-gore fitted foundation skirt. Hem the skirt invisibly from the back (the French hem). Smart French coat, neatly fitted but not tight, the waist short at back. Stiffen single-breasted fronts and face with white satin. A strap of the tweed edges fronts, decorated with false buttonholes of cord and metal buttons. Waistcoat of white cloth, braided. Close edge to edge with hooks and eyes. A belt of satin is hooked on left across waistcoat, which is inserted in side seams. Two-piece coat sleeve. Line with satin cut on coat pattern but seamed apart. 52-inch material, 7 yards. For patterns of the handsome tweed, send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

The New Tucked Blouse.

No. 8124, Page 5. Lovely model; the flat pattern cut from silk, linen, flannel, &c., which has been previously tucked. A front and two backs, a one-piece sleeve shaped with a dart. Collar tucked to flat pattern. If the tucks are very small, front can be cut in a single piece; but if wider, tucks should be *reversed* (turning right and left), and then a seam under first central front tuck is imperative. Lovely and very fashionable model. 36-inch tucked material required, 3⅛ yards. If preferred, shoulder of back and front can be pinned together and cut in one piece. This will bring tucks in V points at back.

For descriptions of Nos. 8125 *to* 8127, *see page* 6.

An Early Spring Coat and Skirt.

No. 8128, Page 7. Three-gore high-waist skirt of tweed or serge, unlined, worn over a five-gore fitted foundation skirt. Hem the skirt invisibly from the back (the French hem). Decorate with a wide strap of material, held with two buttons. Front seams are lapped. Smart three-quarter coat neatly fitted but not tight, the waist short at back. Added double-breasted fronts are very short, faced with the material. Front and back seams are lapped. Braid trims the rolled collar. Close coat with buttons and buttonholes. Two-piece flat coat sleeve with cuff. Line with satin cut on coat pattern but seamed apart. Makes up elegantly in the beautiful South Devon Admiralty Serge. For patterns send to the South Devon Serge Warehouse, Teignmouth, Devon. 52-inch material, 6½ yards.

Useful Coat and Skirt for Early Spring.

No. 8129, Page 8. Walking skirt in seven gores, the tablier wide, with lapped stitched seams. Skirt closes on left. Hem invisibly from the back over a band of muslin and wear over a foundation skirt. Or skirt can be lined. Double-breasted coat, the short fronts added, closing with buttons and buttonholes made in right facing (of the material). The revers are faced with black satin, braided with fine silk braid. Two-piece flat sleeve. Big pockets, edged satin. Trim with cord brandenburghs and false buttonholes, and the satin buttons. Line with white satin, but on coat pattern, and seamed apart. Fronts are faced with the material. 52-inch cloth, 8 yards.

Smart Wrap Coat of Tweed or Serge.

No. 8130, Page 9. The pattern is in ten pieces: front, back, two sides, three-piece sleeve, cuff, the collar, pocket. The coat is handsomely trimmed with velvet facings and buttons. Face the revers with the tweed or serge. Looks excellent in white serge faced with green velvet. Line with silk. 52-inch South Devon serge, 6 yards. For patterns send to South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

New "Victorian" Skirt and Spencer.

No. 8131, Page 9. Very fashionable model skirt in four gores, fronts lapped and decorated with buttons. Very charming Spencer, buttoning in front, the neck cut low to show the blouse. Decorate with buttons down seams which shape front and back. Two-piece semi-tight sleeve, cut in one with the side pieces. The neck is cut square, edged with a chiffon frill, to show the blouse or chemisette. Chiffon frill for the buttoned sleeve. 45-inch material required, 6½ yards.

For description of No. 8132, *See Page* 6.

A Pleated Afternoon Gown.

No. 8133, Page 11. For indoor or outdoor wear. Very elegant model for drap souple. Five-gore skirt, the tablier plain (made of rich broché or embroidered cloth), the sides and backs of pleated drap souple (pleats wheelmarked on pattern). Sash drapery of black satin passed through the worked holes in the skirt. This skirt (high waisted) is secured with Newey's hooks and eyes to the pleated cloth blouse. Cut a bodice lining with three-piece front and one-piece back, closing on left of centre panel. Veil front and back panels with the broché or embroidered cloth, cut low in the neck and filled in with a chemisette of tucked silk gauze (tucked to

No. 8168.—Girl's Smart Coat.

For Description see pages 30 *to* 35.

Price of Paper Patterns, Skirt or Coat, each 6½*d. post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8169.—Girl's Norfolk Coat and Tailor Skirt.

For Descriptions see Pages 30 *to* 35.

Price of Paper Patterns, Skirt or Coat, each 6½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

No. 8170.—Girl's Confirmation Dress.

For Descriptions see Pages 30 *to* 35.

Price of Paper Patterns, Skirt, 1*s.* 0½*d.; Blouse,* 6½*d., post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

"Your patterns are so excellent I do not care to use any other."—A.

flat patterns of chemisette). Band collar. Back and two fronts (in one piece) of the cloth (pleats wheelmarked on pattern). Long sleeve folded to flat pattern. Drapery of satin ribbon held with buckles. Belt of satin, strapped with cloth. 52-inch drap souple, 8 yards

A Visiting Coat and Skirt.

No. 8134, **Page 12.** The pattern of the skirt is in three pieces—one back, one side, one front. The breadths are beautifully shaped, to mould the figure almost to the knees, without being too tight. Skirt takes 4½ yards 48-inch material if added corners are seamed on in the wider breadths. Tack the gores together according to the notches, leaving the opening in the back seam. The turnings of the opening should be carefully stitched down and closed with Newey's Imperial Spring Hooks and "Neweye" bars. The top is finished with a piping of the material (thin serge, &c.) or silk. The fit should be smooth, but not smooth enough to wrinkle. Turn up the lower edge over a shaped band of soft muslin, and fell the hem invisibly (the French hem) at the back. Wear over a very neat fitting foundation skirt. Very elegant coat to match: The pattern is in eight pieces—half the back, two sides, side of front, one short front (cut with revers), the upper and under of one flat coat sleeve, half the Buonaparte collar. The inverted pleat—formed partly by the back, partly by the side, over the quadruple notch seam—is shown by the dotted lines. Cut very neat turnings at the quadruple and single notch seams as these are lapped. Lay the pattern pieces on 3½ yards 52-inch cloth, Cheviot, serge, &c., which is folded in half (selvedges meeting), back centres of back and collar patterns laid along the fold, so that each is cut in one piece, the other portions being cut in duplicate. Facings for front and collar are marked out on the material. Tack together back and sides No. 2 (lapped seam to waist). Form the two inverted box-pleats over the ordinary seam in skirt part. Tack at triple notches sides No. 1 to sides No. 2. Tack the fronts to sides of No. 2. Tack the fronts to sides of front at single notch seam (lapped). Tack the double-notch seams. Try on. In fitting take care not to pinch down waist too low—the skirts should flow away from the figure to a slight degree. Braid the facings of fronts (revers part) and collar. Interline collar and fronts with thin canvas, and seam on the facings (very small neat seams) on the wrong side. Reverse the facings into place, and stitch down the seamed edge. Press this, the lapped seams, and the back pleats very carefully with a hot iron and a damped (white) wool cloth. Stitch down the edge all round. Line with satin, cut on coat pattern but seamed apart, the edges slipstitched to stitched edges, and front facings. Seam collar to the neck. Fell facings over the seam. Press down collar revers carefully. Collar closes with two hooks and eyes, the tails inserted between collar and facing. The coat closes with buttonholes and handsome braid buttons. A design in braid hides the commencement of the back pleats. The sleeve should be pinned up and tried on. It fits neatly into the shoulder and tapers out very smartly at the wrist, where it is open, decorated with braid loops and smaller buttons, to show a muslin or lace sleeve frill. A jabot of the same material should decorate the fronts, arranged on a folded cravat. The sleeve is lined like the coat, the lining slipstitched over the turned wrist. The sleeve is pinned in place on the wearer. The seam is stitched, the armhole lining being felled over the seam. For skirt, 4½ yards of the same material are required.

Smart Spring Coat and Skirt.

No. 8135, **Page 13.** Elegant seven-gore skirt of plaided tweed or shepherd's plaid, with lapped seams (laps, but not turnings, given in pattern). Line or wear over a foundation skirt. The edge is finished with a broad hem. Close in left tablier seam. Smart coat with two-piece front, the seam strapped (strap passing over shoulder on to the seam joining second side piece to back). There is a second short strap over shoulders. Little pocket slits in basque. Revers are very smart, faced (with fronts) with the material. Close with three buttons and buttonholes. Collar is faced with the material. Added slipstitched revers of velvet or black satin. Two-piece sleeve with stitched cuff. 48-inch material, 7 yards. This model has the new slightly full coat sleeve.

Visiting Gown, with "Seamless" Directoire Skirt.

No. 8136, **Page 13.** For soft face cloth of rich quality. Looks beautiful in meteor satin or silk, but the material must be seamed up the selvedges to make it wide enough for the two large circular pieces. The skirt does not fit too closely. The only shaped seams (except a few darts if necessary) are up each side, concealed with rows of buttons. There is no seam at back. Wear over a silk fitted foundation skirt. Dress closes in left seam of skirt. The blouse, of the cloth, has a fitted lining closing at back. There is a panel back and front of Irish crochet (yoke), low in the neck, filled in with a chemisette of tucked chiffon (with band collar), tucked to flat pattern. Blouse closes at back. Into armhole mount fitted sleeve. Frills of chiffon at neck and wrist. Blouse is smartly strapped and trimmed with cloth buttons. On each shoulder is a band of passementerie. A row of buttons decorates the sleeves. 52-inch cloth, 7 yards.

Tea Gown of Louis Velveteen.

No. 8137, **Page 14.** Lovely original model. Seven-gore skirt, gathered into a three-piece bodice of silk, the top veiled with a tucked net plastron. Short back and fronts of velveteen, the lower part of lining covered with a velveteen belt draped on bones. Dress closes on left side, the belt hooking at back. Lovely velveteen collar, trimmed with *galon*, the three points tipped with tassels. Skirt is unlined, hemmed invisibly from the back (take care not to fell through to the pile), the hem veiled with a lace frill. Band collar of tucked net. Net is tucked to flat patterns. Lovely ruffled sleeve, lined silk, the fulness kept in place by a band of *galon*. Cravat (with jabot) of net and lace. Pleated under-cuff of the net. 24-inch velveteen, 14 yards.

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New Spring Millinery.

No. 8138, **Page 15.** No. 8138. A smart "turban" of draped fancy material, very light, mounted on a silk covered wire frame. Smart plume and buckle. No. 8138a. Straw "helmet" shape, simply trimmed with light ruched silk and a pen plume. No. 8138b. A pretty hat of draped taffetas, mounted on a wire frame decorated with little white tips.

Girl's School Coat.

No. 8139, **Page 17.** Two-piece single-breasted fronts joined by a lapped seam. A lapped seam joins back and sides. There is also a side-piece under each arm. Face fronts with the material, and close with large buttons and buttonholes made in right front. Face revers (cut with fronts) with added slipstitched facings of black satin. Bonaparte collar, faced with the material, with added slipstitched facings of satin. Two-piece sleeve, with cuff. Coat can be lined throughout or only to hip. 52-inch tweed for a girl of fourteen, 4 yards.

Little Girl's Blouse-Frock.

No. 8140, **Page 17.** Pretty model for serge, &c. A tucked back and two tucked double-breasted fronts closing on left. A broad band of serge forms a fancy hem. Tucks on shoulders are wheelmarked on pattern. Double row of velvet buttons and buttonholes (buttonholes in right front). Dress is cut low, finished with separate lace chemisette. Stitched serge belt. One-piece sleeve, with deep cuff, decorated with buttons. For a girl of six, 42-inch serge, 2 yards.

A Dressy Blouse-Frock.

No. 8141, **Page 17.** Closes down back. Of cashmere, prettily tucked (tucks wheelmarked on front and two backs). Low neck finished with galon. Chemisette and band collar of Jap silk, tucked to flat patterns. Velvet or kid belt. One-piece sleeve, the wristband trimmed with galon. 46-inch cashmere, for a girl of six, 2 yards.

Little Girl's Spring Coat.

No. 8142, **Page 17.** Back and two double-breasted fronts of cloth, lined with silk (cut on coat pattern, but seamed apart). Fronts are faced with cloth, buttonholes made in right facing. Large collar of velvet, the right end smartly drawn through a buckle, lined muslin and silk. One piece sleeve, lined, with velvet cuff. 48-inch cloth for a girl of five, 2 yards.

Girl's Smart Cloth Coat.

No. 8143, **Page 17.** A one-piece back and double-breasted fronts. Back and front seams are tucked and develop into pleats. Line with silk to hip. Fronts are faced with cloth. Small military collar, closing with hook and eye. Double row of velvet buttons. Buttonholes down right front. One-piece sleeve with buttoned strap cuff. 52-inch cloth for a girl of seven, 2 yards. Tucks are wheelmarked on pattern. Coat can be worn open, the wide fronts buttoned backwards.

Little Boy's Overcoat.

No. 8144, **Page 17.** A back and two double-breasted fronts, a two-piece sleeve. Face fronts with material. Coat is double-breasted, buttonholes made in left front. Line with Italian cloth, cut on coat pattern, but seamed apart, edges slip-stitched to stitched coat edges and front facings. Buttoned strap collar. Pockets with buttoned flap (three). Two-piece sleeve, buttoned at wrist. 52-inch tweed for a boy of five, 2 yards.

A High-Waist Skirt and Smart Coat.

No. 8145, **Page 18.** Seven-gore corselet skirt, with wide lapped tablier, decorated with buttons. Line throughout or to hip only. Elegant coat with inlet front centre. Lapped seams. Coat closes on bust only. Trim with buttons. Smart sleeve. Face roll collar with black satin. 48-inch material, 8 yards.

A Tailor Coat and Skirt.

No. 8145a, **Page 18.** Sides of skirt cross (with lapped seam) over tablier. Elegant coat with two-piece fronts. Seams back and front are lapped. Reefer collar faced with velvet. Face fronts (with revers) with the coat material. Decorate with buttons and false buttonholes. 52-inch cloth required, 8 yards.

Smart Striped Coat and Skirt.

No. 8146, **Page 18.** In cloth, alpaca, &c. Skirt has wide tablier, decorated with buttons. Elegant double-breasted coat. Collar cut with fronts. Face fronts and collar with velvet. Two-piece coat sleeve. 48-inch material, 8¾ yards.

No. 8171.—Useful Evening Coat.
For Descriptions see Pages 30 to 35.
Price of Paper Pattern, 1s. 0½d., post free, of Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

Embroidered Overblouse.

No. 8147, **Page 19.** Should match the skirt. A front and two backs, embroidered round neck with velvet appliqués. Or the material can be cut away, the velvet laid beneath. Transfer for embroidery design can be had from Madame Myra, 10 and 11, Fetter Lane, E.C.; price 4½d., post free. A band of velvet edges the neck. Charming wing sleeve, the point tipped with a tassel. Can be worn over any blouse. Double-width material, 1¾ yards.

Embroidered Bolero Overblouse.

No. 8148, **Page 19.** Cut in one piece, of the skirt material, edges hemmed with velvet ribbon. Lower edge of front box pleat is tucked into velvet belt, the rest of the lower edge being free, falling loose on belt. Transfer of charming embroidery (worked in P. L. Odin Floss—very glossy and delicate, like floss silk) can be had from Madame Myra, 10 and 11, Fetter Lane, E. C., price 6½d., post free. 36-42-inch material required, 1½ yards. To wear over any blouse.

Embroidered "Key Pattern Blouse."

No. 8149, **Page 19.** This can be of the skirt material, or could be of any transparent fabric to wear with a long high-waist Directoire skirt of cloth, silk, or satin. The pattern is in six pieces—half the front and one back cut in one piece, half the collar, one rucked sleeve, one sleeve lining, one cuff, one bretelle. This blouse looks beautiful in crêpe de chine, embroidered with a fine silk braid on front, neck, cuff, collar, and bretelle. The bretelle is a straight piece of material, 37 inches long and 6 inches broad. Full-size transfers for the embroidery can be obtained from Madame Myra, price 8½d., post free, including two bretelles, two cuffs, complete front and back, complete collar. Lay the pattern pieces on 2½ yards 48-inch material, which is single, the material folded over (selvedges meeting) beneath blouse, collar, and cuff pattern, front centres of collar and blouse laid along the fold, so that the blouse and collar are cut each in one piece, the cuff being cut in duplicate. On the single opened-out material should be marked off the duplicate sleeve and the two bretelles. Embroider blouse, bretelles, cuffs, collar. The embroidered parts should be mounted on muslin, to support the embroidery. Tack together side seams of blouse and try on. Sew the seams and hem the basque. Hem the backs and sew on the small hooks and worked eyes. Put on the embroidered collar which hooks at the back. Ruck (or tuck) the sleeve on the lining. Mount into the embroidered cuff. Arrange the sleeve in place on the wearer, binding the stitched seam with sarsenet.

Smart Blouse with Embroidered Yoke and Cuffs.

No. 8150, **Page 19.** This lovely blouse should be white, using any of the new silk-and-wool fabrics, white crêpe de chine, white voile, nun's veiling of good class, &c. Tucked front is seamed to the tucked backs (tucks wheelmarked on pattern). Sleeve is tucked to flat pattern or is cut out of tucked material. The blouse closes at back with tiny Newey's hooks and worked Newey's eyes. Lay the pattern pieces on 3 yards 45-48-inch material, which is opened out and is double beneath sleeve, so that it is cut in duplicate. The single material is folded over (selvedges meeting), the front centres of front and yoke patterns laid along the fold so that each is cut in a single piece. Tuck the front and backs. Gather top to fit the one-piece yoke. Tack the yoke according to the notches—a piped seam (yoke edge turned in) to be stitched on tucks of blouse. Try on. Make the collar of rows of Valenciennes insertion. Put on the collar. All joins must be very dainty and neat. Hem the basque and backs. Put on the fastenings. Blouse closes at back. Arrange the sleeve on the lining. Put on the embroidered cuff, which is finished with a band of lace insertion, sewn to the extreme edge of the cuff so that it falls loose. In the cuff pattern we have given the extra width for an inch each side of the lace trimming, because this trimming forms part of the cuff as seamed to the sleeve. So cut your cuff narrower than pattern according to the width of your lace. But we have not allowed for the width of the trimming at the lower edge of cuff, as there the trimming falls free and forms no part of the structure. Full-size transfers of the embroidery (yoke and two cuffs) can be had from Madame Myra, price 5½d., post free.

A Lace Afternoon Blouse.

No. 8151, **Page 20.** Two fronts and back, cut in 45-inch lace net. Plastron of lace insertion on satin, mounted on to a yoke made up to flat pattern with tucked chiffon. Band collar of the tucked chiffon supported on bones, tucked

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to flat pattern, hooking at back. Close on left. Wear over a satin slip which has a fitted sleeve lining of Brussels net. Smart fichu of pleated satin, trimmed with lace. Rucked sleeve of the net. The fuller shoulder is to be noted. 45-inch material, 2½ yards.

Dinner Coat of Irish Crochet.

No. 8151a, Page 20. Lovely model, lined with chiffon. Sleeve is cut in one with back and fronts. There is a seam on shoulder, the sleeve being left open, edged, like coat, with fine ball fringe. If coat is not made to pattern all in one piece, the edge has to be finished with a lace insertion or fine pearl passementerie. Trim neck with folded velvet ribbon. A strap, cut with front, hooks on to the second front. This coat is worn over a beautiful blouse of white ninon de soie with lace flounce sleeve, the skirt being of black satin, with satin sash. 36-inch crochet piece lace, 6 yards. Velvet tie. Velvet ribbon is looped across the open crochet sleeve. This is a very good coat to have. It is suitable for day or evening wear, and, later on, could be worn out of doors, over an elaborate *lingerie* gown.

A Draped Princess Dinner Gown.

No. 8152, Page 21. Cut a nine-piece rather high-waisted princess dress in black satin, to close on left side and on left shoulder. A frill of chiffon covers the satin hem. On this foundation is draped the princess tunic of black silk œolienne in five gores. Tunic is gracefully draped up at the side, decorated and weighted with heavy black chenille fringe. The top of the bodice has a gathered tucker of white net (transparent). Fit and stitch lining with care. Hem the foundation skirt, the hem interlined with lino, to prevent any tendency to "roll-up." The pretty fringe sleeve is mounted on an under-sleeve of the white lace. 44-inch satin, 8 yards; 46-inch œolienne, 7 yards.

An Exquisite Evening Gown.

No. 8153, Page 21. Lovely corselet skirt, of the finest white cloth, top lined and boned, piped with white satin. It closes on left side. It is beautifully braided in white and-gold braid, and is embroidered with white silk and gold thread. Kimona blouse of white-and-gold brocade, closing at back, with lapped sleeve, held with gold ornaments and white silk tassels. The neck and sleeve are richly braided. Mount on a white silk bodice lining stitched to a fitted silk foundation skirt. A lace chemisette covers the top of lining. 48-inch cloth, 7 yards; 22-inch brocade, 3 yards.

Smart Spring Coat-and-Skirt.

No. 8154, Page 22. Five-gore skirt, unlined, hemmed invisibly from the back over a band of unstiffened muslin. Tablier is wide, with lapped seams, decorated with buttons. Lovely coat, waist higher at back. Fronts, in two pieces, lapped seams, are cut with revers faced with the material. Straps of the material over the shoulders. Back seams develop into pleats. Elegant sleeve, fitted smoothly into shoulder; with bell wrist, decorated with a strap. Collar is faced with black satin. Line the coat with silk or satin, cut on coat pattern, but seamed apart 52-inch material (cloth, tweed, serge, &c.), 7 yards. A beautiful model for fine South Devon serge.

Smart Morning Skirt and Spencer.

No. 8155, Page 22. Seamless skirt, cut in a single piece (taking width of material for the length of skirt). Double the material, laying back centre on fold. For coating or serge, unlined, worn over a five-gore fitted foundation skirt. Hem the skirt invisibly from the back (the French hem). Fronts lap on left, stitched down and closed with buttons. Smart, short Spencer of the material, single-breasted. Fronts are in two pieces. Lapped seams, front and back, covered with a row of buttons. Back has a side piece. Very smart model. Little upright collar. Stiffen fronts and face with the material. Close with buttons and buttonholes. Two-piece flat coat sleeve. Line with satin cut on pattern but seamed apart. False buttonholes of satin cord. 54-inch material, 5½ yards.

Elegant Gown with Useful Coat.

No. 8156, Page 22. Smart five-gore trottoir skirt. Smart coat, to be worn open or closed. Two-piece double-breasted fronts, four sides, a back. Lapped seams, front and back, decorated with buttons. Good model for face cloth or handsome coating. Face fronts with white moire, and close with buttons and braid loops. Coat should be easy fitting. Smart collar, closing with hook and eye, faced with white moire. Two-piece sleeve, with faced cuff. Coat is lined throughout with white silk, cut on coat pattern, but seamed apart. 52-inch coating, 7 yards.

Smart Spring Coat.

No. 8157, Page 23. Two-piece single-breasted fronts, four sides, one back. Seams back and front are lapped, and back seams develop into pleats. To be made in cloth, coating, tailor serge, &c. Face fronts with the material, and close edge to edge with tailor's hooks and eyes. Face large collar with satin, and trim fronts with false buttons and buttonholes. Two-piece sleeve, with braided wrist. Braided pockets. Coat is lined throughout with silk. Braid decorates fronts and lower edge. 54-inch material, 6½ yards.

Smart Coat and Skirt.

No. 8158, Page 23. Sheath, high-waisted skirt in seven gores. The sheath skirt is finished with a very smart coat. It has the fronts (cut with moire-faced revers above and below waist) open, filled in with a short white silk waistcoat, shaped by the new shoulder dart and beautifully embroidered (full-size transfers of the embroidery can be had from Madame Myra, price, 4½d., post free.) The coat collar is cut with backs and fronts. Two-piece sleeve, smooth fitting. Line coat with satin. Large handsome buttons. 52-inch cloth, 9 yards.

Original Striped Tailor Gown.

No. 8159, Page 23. Two-piece umbrella skirt, cut very circular, seamed back and front. See that stripes run straight down sides on pattern. This brings the front centre with stripes on cross, the stripes at sides being on the straight. Where not wide enough, seam breadths

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together, the stripes made to meet. Wear over the fitted five-gore foundation skirt of silk moirette. Smart coat—two backs, six sides, and two two-piece fronts, the stripes beautifully fitted. Edge coat with silk braid. Coat closes with metal buttons and buttonholes, the fronts faced with white satin. Waistcoat fronts, closing edge to edge with hooks and eyes, of white broché or faille. Line coat with silk, cut on coat pattern but seamed apart. Two-piece flat sleeve, lined with silk. Silk braid edges coat. Shoulder is handsomely braided. 52-inch material, 6 yards.

Elderly Lady's Dinner Gown.

No. 8160, This is an excellent model to dis-
Page 26. guise loss of figure. With the ends of the shoulder drapery drawn through the overcoat, the ends long enough almost to reach the feet, the style can be recommended to youthful matrons for special occasions. The loose princess underdress is of silk, top draped with folds of gauze cut in one with the kimona sleeve. The coat is of fine drap souple, to match the under-dress, braided, or embroidered, or edged with embroidery passementerie. 22-inch silk for the under-dress, 8 yards; 48-inch cloth for coat, 5 yards.

A Tucked Chemise Front.

No. 8161, The two-piece scalloped tucked
Page 27. yoke decorated with lace. Cut the yoke out of tucked material, and draw up the material under the (transparent) lace bands so as to keep the tucks straight. 36-inch fine longcloth, 3½ yards.

Longcloth Drawers.

No. 8161a, Drawers to match No. 8161.
Page 19. The backs of the full drawers, hemmed, cross where sewn to the shaped band. Decorate legs with tucked band and lace, and edge with a frill. 36-inch very fine longcloth, 3½ yards.

Smart Dressing Gown of White Veiling.

No. 8162, Same style as No. 8161. This is
Page 27. a princess dress, closing on left. It is lined throughout with very thin silk, the lining cut on gown pattern. Beautiful collar over shoulders, cut from tucked material, decorated with lace, Bow of white ribbon, the ends tipped with tassels. Sleeve of the veiling, prettily tucked (tucks wheelmarked), edged with a band of tucked material, decorated with lace. Lovely model. 42-inch material, 7 yards.

A Smart Cache Corset or Under-slip.

No. 8163, Of silk, muslin, or nainsook. A
Page 27. back and two fronts, trimmed with valenciennes insertion and lace medallions. Decorate with ribbon-threaded beading. Edge neck and armhole with valenciennes. Neck is drawn up with ribbon-threaded beading. Added basque. 36-42-inch material, 1 yard.

A Pretty Night-dress.

No. 8164, Of silk, veiling, batiste, nainsook,
Page 27. &c. Bodice part is cut with skirt. Top is tucked (tucks wheelmarked) to simulate a yoke, embroidered in stem stitch, and decorated with Valenciennes. Slots are cut in yoke and worked to hold the satin ribbon, or beading can be used. Fasten down front, buttonholes made in an underfold. One-piece sleeve gathered into ribbon-threaded beading, finished with a scalloped and worked frill. Double-width nainsook, 6 yards. Valenciennes is sewn under worked scallops.

New French Drawers.

No. 8165, To match No. 8164. The two-piece
Page 27. drawers, cut much tighter in the leg than the usual models, are merely eased into a shaped frill, trimmed like No. 8164. Valenciennes is laid under scalloped edge. 42-inch nainsook, 2 yards.

An Original Chemise.

No. 8166, To match Nos. 8164 and 8165.
Page 27. Front is tucked (tucks wheel-marked), and is decorated with lace and light embroidery. Embroidered shoulder straps. Slots are cut in the front, and a ribbon passed through. 42-inch nainsook, 2 yards.

The New Norfolk Coat.

No. 8167, A very pretty model which can
Page 29. be worn with the belt rather high at back or on the natural waist. Belt, passing under back pleats, can end (as illustrated) on front pleats, or can be buckled in front, passing under front pleats. A back, two sides, two fronts. Revers cut with fronts. Reefer collar. Face fronts and collar with the material. Smooth two-piece coat sleeve. Pleats are added—two shaped bands (back and front in one) passing over shoulders, Very smart and useful model. Goes well with our Free Skirt Pattern. 48-inch material, 2½ yards.

Girl's Smart Coat.

No. 8168, Excellent model. Can be a
Page 30. separate wrap or match a pleated skirt. Fronts and back are added, rather broad,

No. 8172.—Pretty Lounge Gown.
For Descriptions see pages 30 to 35.
Price of Paper Pattern, 1*s.* 0½*d., post free, of* Madame Myra, 10 *and* 11, *Fetter Lane, E.C.*

with lapped seams. Sides are open, decorated with false buttons and buttonholes. Face fronts with the material. Two-piece sleeve. Cravat collar (tacked to piped neck) of muslin, with jabot that passes under front straps. Line with silk. For a girl of fourteen, 52-inch fawn coating, 4 yards.

Girl's Norfolk Coat and Tailor Skirt.

No. 8169, Two-piece umbrella skirt of South
Page 30. Devon serge, seamed back and front, unlined. Smart Norfolk coat, back and fronts pleated to fit. Stitched belt ends on front pleats. Face collar and fronts with the serge. Line with silk. Two-piece coat sleeve with tailor cuff. Roll collar. 48-52-inch serge, 5 yards. For the serge send to the Manager, South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

Girl's Confirmation Dress.

No. 8170, Tucked skirt of white veiling (tucks
Page 30. wheelmarked on pattern), edged with a flounce (tucked at edge) added beneath a wide Valenciennes insertion. Smart blouse, closing at back, tucked back and front (tucks wheelmarked) decorated with lace. Yoke and band collar of silk broderie anglaise or lace. Sleeve is made up to flat pattern with rows of tucks and lace insertion. Satin belt. Tulle veil. 44-inch veiling, 5 yards.

Useful Evening Coat.

No. 8171, Good model for pastel cloth.
Page 32. Cut in three-pieces—back and two fronts. Sides are left open and hemmed. Face front edges with the cloth. Line with silk, cut on coat pattern but seamed apart. Collar of embroidered white satin. Close with buttons and buttonholes. Original sleeve. 52-inch cloth or coating, 7 yards. Large armhole, the fold lapping loose on sleeve.

Pretty Lounge Gown.

No. 8172, To be made of any soft material.
Page 34. Looks well in pale grey French cashmere, decorated with lace laid over pink ribbon. Wide lace flouncing edges sleeves and collar. 46-inch material, 7 yards.

The School Inverness.

No. 8173, This is a pattern to be noted.
Page 36. French schoolboys have always worn it—the protective, not too flowing long cape, with its hood big enough to draw over the school cap; and, at last, French school girls have taken to it. This is less important, however, to English, mothers than the action of our big public schools for high-class girls (like Wycombe Abbey) where the school inverness is insisted on. The cape covers the girl's dress, and the hood is drawn over her school hat or cap. Girls who wear this "public school" inverness carry no umbrella. It is a most protective, sensible garment, and will be used by every High School girl. Our pattern is cut for a girl of seven or eight, but as the hood does not differ much for bigger girls, the cape can easily be lengthened and the neck widened a little. The inverness should be of protective Irish or Scotch frieze, tweed, or reversible cloth. It is not lined, the fronts and hood front being faced with strips of the material. The lower edge simply has a stitched hem. The cloak closes with a hook and eye at neck, and with buttons and buttonholes. The hood is so shaped that it can be drawn only partly over the hat, or can be pulled forward right over the front brim. The pattern is in two pieces—half the cape, half the hood. Lay the pattern pieces on 2½ yards 48-52-inch cloth, which is opened out and is double beneath the cape pattern, so that it is cut in duplicate. The second half of the hood is marked out on the single material. The hood looks best with a lapped seam at back and top of head. It will be noticed that the revers of the hood forms a sort of collar at front of neck. This revers at the peaked top can be turned back or pulled over the hat. The neck of hood joins neck of cape at the single notch. This seam should be covered with a stitched band of the material. For the frieze or tweed send to Robinson and Cleaver, 40R, Donegall Place, Belfast.

NOTE.—In sending remittance for paper patterns our readers will greatly oblige if they send it in halfpenny stamps, or in P.O. in preference to penny stamps.

MYRA'S EMBROIDERY TRANSFERS.

These excellent full-size Transfers of Embroidery designs which we publish monthly are only printed in BLUE. For dark materials, instead of "ironing off" the design on the fabric, tack the transfer in place and work OVER it, tearing away the paper when the embroidery is completed.

Cut Lengths

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-Trade Prices-

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To help you to do a Dress trade we supply you with Patterns free, and cut any length of our Fashionable Fabrics.

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THE DRESSMAKERS' CLOTH Co. ARMLEY. LEEDS.

Established 1791. *Sold by Drapers everywhere.*

Horrockses'

Longcloths,

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See HORROCKSES' name on selvedge.

Sheetings,

Ready-Made Sheets

(plain and hemstitched).

See HORROCKSES' name on each Sheet.

Flannelettes

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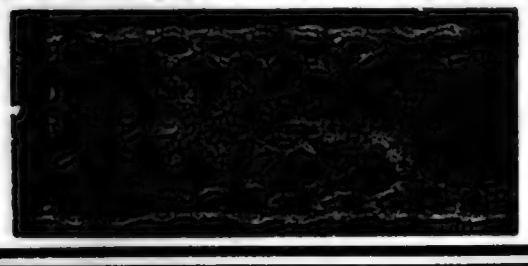

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exactly as made by Handworkers on the cushion. All genuine "BB" Torchons bear the above Regd. Mark embossed on every card. To be obtained in a variety of shapes and widths.

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All Guaranteed ENGLISH Manufactured (no shoddy mixtures)

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ROYAL DREADNOUGHT REAL NAVY all Wool SERGES.
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" WEST OF ENGLAND all Wool SERGES.
" WEST OF ENGLAND all Wool BLANKETS.

All SERGES made in FINE, MEDIUM, and HEAVY textures, FAST DYES, and will not SHRINK or COCKLE, and will stand ALL CLIMATES. From 1/- to 8/6 per yard.

Carriage paid. Patterns sent on approval.

BLANKETS from 7/11 per pair. *List free.*

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Know Your Destiny

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3,000 LETTERS OF APPRECIATION

from every class of society (from nobility downwards) prove the exactitude and fidelity of my Horoscopes. My results absolutely establish the reliability of ASTROLOGY—the most ancient of all sciences. Let me prove it to you. I will send a **TEST HOROSCOPE**, comprising seven pages and cover, on receipt of 1/- P.O., and 1d. stamp for postage. *Simply give date, month, and year of birth—time if known.* My full Horoscopes have proved of infinite service to society leaders, politicians, authors, business men, &c. Do not neglect the opportunity of investigation, but send TO-DAY.

YOUR MONEY RETURNED IN FULL IF NOT SATISFIED.

Prince S—— writes: "*Your predictions have proved remarkably true and most valuable to me in the light of recent events.*"

Countess of C—— says: "*Permit me to congratulate you upon the remarkable reading you gave me last year; your predictions are coming very true.*"

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Please mention "Myra's Journal."

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FREE. **Write at once for 148-page Catalogue**, No. 133. **Over 400 Illustrations.** The largest issued dealing with Window Decorations. Now is the time before Easter to replenish and replace. **Exclusive patterns** and **designs** for **Spring, 1909.** The way to be sure of Curtains is to be sure of the Maker. **Peach's make Curtains.** More than **50 Years' Reputation** back of every pair. **Sole Makers** and **Patentees** of **Contrenet Curtains:** the Curtains for constant wear. Everything in **Household Furnishings, Casement Fabrics, Madras Muslins, Table Linens, &c., Hosiery and Laces. Write To-day.**

PERFECTION PARCEL. 20/6

Lot 133. 1 pair elegant Dining Room Lace Curtains, Rich Old Lace design, decorative effect, 3½ yards long, 72 inches wide. 1 pair Lace Curtains, tasteful design, Ribbons with Floral festoons, suitable for Drawing Room, 3½ yards long, 60 inches wide. 1 pair useful quality Lace Curtains, for Bedroom or Sitting Room, early English design, 3½ yards long, 60 inches wide. 1 pair Lace Curtains, with small border and neat lacey centre, 3 yards long, 54 inches wide. A most welcome Parcel in any home. Remarkable both for quality and quantity. **Sent, carriage paid, 20/6.**

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CORSET,

With Extra Strong Elastic Belt.

Reduces Corpulency. Improves the figure. Prevents Abdominal Weakness. Affords Binding Support.

BLACK (Brocade), WHITE, OR DOVE, *Real* **10/6** *Whalebone.*

Black Italian (lined White). **12/6.**

Sizes stocked, 19 to 36 inches.

Over 30-inch waist, 4d. per inch extra.

We fit any figure.

Should the Corsets not fit, we exchange, and make a pair with any alterations required 1/6 extra. Sent post free on receipt of waist size and P.O. Colonial Orders, 1/6 extra.

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R. SCALES & CO.,

Corset Manufacturers,

NEWARK-ON-TRENT, ENGLAND.

Employment Bureau.

FREE REGISTER.

SPECIAL NOTICE.—Will correspondents please read the rules carefully regarding notices for re-insertion in the Register, and letters to be forwarded? Inattention causes delay and trouble.

NOTICE.—The printed notice *must be cut* out of the Register for re-insertion each month.

LETTERS TO BE FORWARDED.—These must be fully prepaid, and must bear the Register number at the top left-hand corner. No letter will be forwarded unless it is accompanied by the writer's name and address—not for publication, but as a guarantee of good faith.

ALL LETTERS must be sent to Miss Winifred Jones, Employment Bureau, 10 and 11, Fetter Lane, E.C. If to be answered by post, six penny stamps must be enclosed, and a stamped, addressed envelope.

TO BE ANSWERED in these columns in the next number, letters must reach the office on or before the 25th of the month.

NOTICE.—May I once again point out to my correspondents that letters intended for this Bureau should be addressed to me personally, and that unless this is done some delay must inevitably occur.

No. 381.—Costumes complete or ladies' materials. Blouses. Highly recommended. Moderate charges. (Tonbridge.)

No. 659.—Knitting socks, stockings, golf stockings, motor scarves, ties, ties in club colours, fancy waistcoats, worked or crochet, children's vests, petticoats, baby's boots and jackets.

No. 531.—Furs altered, re-lined, repaired. Reasonable charges. References. Foreign orders taken.

No. 372.—Ladies' blouses from 2s. 3d. Ladies' and children's underwear; boys' suits. Will cut down, turn, and renovate. Recommended.

No. 674.—Dressmaker, experienced. Ladies' houses or at home. Ladies' materials also made up. References. Renovations. (Tunbridge Wells.)

No. 577.—Dressmaking at home or ladies' houses. Remodelling. Moderate charges. (W.)

No. 680.—Dressmaker. Coats and skirts. Ladies' and children's underwear. Children's dresses speciality. (Brighton.)

No. 528.—Fancy embroidery. Bazaars and brides' parcels. Ladies' materials worked up cheaply. Lovely opera bags, 4s. 6d.

No. 691.—Embroidery executed. Dresses, blouses, linen, &c. Three years' art training. All kinds of art needlework. Trade or private orders desired. (S.W.)

No. 692.—Dainty hand-made lingerie at moderate prices. Nightdresses and camisoles a speciality. Orders solicited.

No. 693.—Dressmaker. Dresses, coats, blouses. Renovations. Remodelling. Good fit from pattern bodice. Splendid testimonials.

No. 694.—French model fitting and cutting-out taught. Instruction in high-class millinery. Coats, skirts, mantles, &c. Ladies instructed in business methods.

695.—Dressmaking at home. Moderate terms. (Chelsea.)

696.—Dressmaking at ladies' houses, or any kind of sewing. Many years' experience. References. (Worthing.)

697.—Dressmaker at ladies' houses. Ladies' materials made up. Recommended. (W.)

698.—Hand embroidery. Evening gowns, wraps, blouses, trimmings. Fancy work of all kinds.

699.—Ladies' houses or at home. All kinds of needlework. Dressmaker. Lampshades made, or retrimmed. (Putney.)

ANSWERS TO CORRESPONDENTS.

All letters must be addressed to Miss Winifred Jones, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

DAILY DRESSMAKER (A. P.).—You should have cut out your notice for re-insertion. The lady to whom I gave your name wrote and told me you had given her satisfaction. I am so glad to hear it, as it is always satisfactory to know this. I am noting your change of address. I have nothing to do with the "Free Bargains" or the "Dressmakers" column; you must write direct to the editor.

DRESSMAKER (E., Worthing).—Certainly I will recommend you when opportunity occurs. Anyone who has "always subscribed to MYRA" deserves all the help we can give, and your long experience should stand you in good stead.

RENOVATIONS, &c. (E. S.).—Thanks for your courteous and grateful letter. I am so pleased to hear that the lady to whom I gave your name has employed you so constantly, as that is proof that you must have given satisfaction.

TUITION IN DRESSMAKING (Heathcote).—I will put a notice in for you, but I am not very sanguine of the success of your idea. At least, I get many queries for partners, workers, &c., but so far not any from people who desire exactly the kind of instruction you offer. You see, to get a practical knowledge of the business the dressmaker naturally goes through the whole routine—it is essential she

No. 8178.—THE SCHOOL INVERNESS.

For Description see pages 30 to 35.

Price of Paper Pattern, 6½d., post free, of MADAME MYRA, *10 and 11, Fetter Lane, E.C.*

should—but should any lady wish to start dressmaking later in life, I think the scheme you suggest would be most helpful. Very possibly we number such among our many readers, and I am therefore putting in a notice for you. I am so pleased to hear of the success of your book, and I think you have much reason to feel gratified.

DRESSMAKER (Tunbridge Wells).—No, the way in which you sent up the notice was quite correct, and I am adding to it the particulars you mention.

LETTER FORWARDED (L. and Cie).—Your letter should have been left unsealed and stamped, as we cannot forward anonymous communications. I trust you were able to employ my correspondent?

RENOVATIONS, FURS ALTERED, &c. (A. P.).—I have made the addition you asked for, but you certainly *were* too late for the January number, as that was nearly a week old before you posted your letter. Do not be so despondent. I think you have been very successful in the past, and we all have our spells of good and bad luck whatever work we do.

DRESSMAKING AT HOME (E. H.).—I have put you on my Register, but I think you would be wise to mention what experience you have had, as a notice such as you send conveys little or nothing to anyone in search of a dressmaker; so send me a few more particulars next month.

DRESSMAKER (Mrs. H., Tonbridge).—Thanks for your good wishes, which I heartily reciprocate. I am so glad to hear that the lady to whom I gave your name still employs you, as she does various workers in my Register, I am glad to say.

KNITTING, &c. (M. M.).—Many thanks for your courteous letter. Just now is rather a quiet time with all workers, but no doubt you will form a good connection ere long, and then have plenty to do, more or less, always.

DRESSMAKING, &c. (S. N.).—I am putting you on my Register, and will certainly recommend you should opportunity occur. I think you are, perhaps, wise to remain in your present quarters till a little later, but I feel sure you would be able to get a better connection together in London. In fact, as you say, the country gives so little scope.

HAND-MADE LINGERIE (M. L. R.).—I remember you perfectly well, and I am pleased to put a fresh notice in for you. I am sorry to hear you were obliged to refuse the work I found for you, but, of course, I understand you could not undertake it under the circumstances.

DRESSMAKER TO THE TRADE (H. U.).—I hope these are your initials, but I cannot be sure, as your signature is very indistinct. I will make enquiries and let you know the result through this column. I hope you will follow the course I suggested to you and let me know the result.

EMBROIDERESS (M. M. W.).—I sent you several addresses privately, and I should be glad to know the result. It is somewhat difficult to make an income by such work; but it is of course possible to add to one. Some shops employ workers at a fixed salary, but I gather that you desire home work. I am putting you on my Register, as possibly this may lead to orders.

EMBROIDERED BEDSPREAD FOR DISPOSAL (M. M. U.).—I think if you follow out the course I suggested you may very possibly be able to dispose of your bedspread. I also hope the suggestions I gave you may lead to your obtaining work. Do not mind rebuffs (it is the common lot of all workers to have their wares rejected), but persevere till you meet with encouragement. Thank you for all the kind things you say.

CHILDREN'S DRESSMAKER (M. H. V.).—I am reinserting your notice.

IN DIFFICULTIES (A. V.).—I am sorry that your case does not come within the scope of my Bureau. I think you would do well to consult some responsible friend, or, failing that, your clergyman. Another time remember it is as well to "sleep over" a quarrel!

FACTORY INSPECTOR (K. M. L., Bradford).—Women factory inspectors are appointed by the Secretary of State for the Home Department. No one could possibly call the work "easy," nor is it suited to a woman of "mediocre abilities." There are but few women holding these appointments, and as a rule preference is given to those who have some practical experience of industrial work. The salaries range from £200 to £400, non-resident. The chief lady inspector rises to £500. When a post is obtained it is subject to a probation of two years. The age limit is 65—or on marriage—at the Home Secretary's discretion, and there is a pension on the usual Civil Service conditions. It is hard work and necessitates a good deal of travelling. The examination is not difficult, and consists of English Composition, Elementary Arithmetic, Sanitary Science, the Factory Act of 1901, &c. (This last can be obtained from the Government publishers, price 11d.) The work includes laundries, textile factories, tailors, milliners, tobacco factories, &c. At the same time I think you would be wiser to turn your attention to some other occupation, as neither your life nor your tastes really fit you for this.

LINGERIE (M. L. R.).—Thank you for your kind letter of sympathy. I am glad to say I am now much better. I have noted the alteration in the address, and you will see your notice in this issue.

(*Continued on Page 42.*)

"I am delighted with your journal and shall take it regularly. —H. P.

YOUR BIRTHRIGHT IS HEALTH

THE SCIENCE IN A NUTSHELL.

'Health is a Man's Birthright. It is as natural to be well as to be born. All pathological conditions, all diseases, and all tendencies to disease are the result of the transgression of physiologic and hygienic law. This is the science of health in a nutshell.'—DENSMORE.

Eno's Fruit Salt

IS NATURE'S ANTIDOTE FOR HUMAN ILLS arising from the neglect or violation of her laws.

CAUTION.—Examine the capsule, and see that it is marked ENO'S 'FRUIT SALT.' Without it you have the sincerest form of flattery—IMITATION.

'As Health is such a blessing and the very source of all pleasure, it may be worth the pains to discover the region where it grows, the springs that feed it, the customs and methods by which it is best cultivated and preserved.'
—Sir W. TEMPLE.

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WOMEN WHO FASCINATE.

Their Power explained and illustrated in a book which is sent Free.

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There is no reason why every woman should not acquire or regain a perfect figure. For those who lack the natural development of the bust, a remarkable proved home treatment has been devised. It is called DIANO, and is perfectly harmless. **This treatment will positively develop the bust six inches.** It fills out all hollows and flat places, adds grace and beauty to the neck, softens and clears the skin. No matter how plain you may be, DIANO will do the same for you as it has done for thousands of others DIANO not only beautifies the figure, it improves the health: it makes you feel buoyant and youthful. We want you to know more about what DIANO will do for you; we cannot explain all in this advertisement.

On receipt of a penny stamp to pay postage, we will send a beautiful book, containing photographs and correspondence from ladies who have used this treatment. It is sent in a plain sealed envelope. Why not write at once for it? It is for your benefit.

THE L.F. ESPANOLA MEDICINE CO. (DEPT. 148), 205, REGENT ST., LONDON.

NOSES & EARS.

Noses.—The only patent Nose machines in the world. Improve ugly noses of all kinds. Scientific yet simple. Can be worn during sleep. Send stamped envelope for full particulars.
Red Noses.—My long-established medically approved Treatment absolutely Cures Red Noses. 5/9 post free. Foreign, 1/6 extra.
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DESIGNS FOR FANCY DRESS.

Edited and Arranged by Mrs. C. S. PEEL.

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FOR MORE THAN TWENTY YEARS
DR. DAVIS'S FAMOUS PILLS
have been universally admitted to be a boon. They are the best-known remedy for Anæmia, Giddiness, Loss of Appetite, Hysteria, Debility, Depression, Weakness. Boxes, 9½d., 1/1½, 2/9, 4/6, and 11/-. To be obtained from Chemists and Patent Medicine Vendors everywhere, or direct from the Proprietor, 30S, Portobello Road, Notting Hill, W. Send for free sample and invaluable booklet.

Stout people

Can quickly and with **absolute safety** subdue that very burdensome and dangerous disorder—Obesity, and regain a

☞ **GRACEFUL FIGURE,** ☜

comfort, attractiveness, and youthful appearance, by taking one or two of Dr. RITTER'S small tasteless Capsules, with meals (made from a specially purified, Concentrated Extract of Fucus-Vesiculosus and Marienbad Salts, neither relaxing nor constipating). Price **2/6** per bottle, or 5 for **10/6**, post free.

Mistress ANNE PAGE says: "The quickest and safest Fat Reducer I know."

SPECIAL.—To make the bust firm and reduce size and flaccidity, apply Dr. HORN'S **"Pasta Reducer,"** guaranteed harmless, price **5/-**, post free.

Dame DEBORAH PRIMROSE, in *Woman*, says: "I can confidently recommend this to you from personal knowledge of its efficiency and harmlessness."—Medical and Press opinions on application.

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(Specialist for Hair and Skin disorders, from the Berlin Skin Hospital.)

THE NEW HYGIENIC SKIN FOOD FOR GENTLEWOMEN.

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IS A CLEANSING EMOLLIENT OF EXQUISITE PURITY.

KHALA prevents all redness, roughness, or chafing of the skin; by nourishing the tissues it gradually effaces all lines, and absolutely protects the complexion from the ill-effects of exposure to high winds, and extreme heat or cold. To ladies motoring, yachting, mountaineering, etc., it is simply a necessity.

KHALA is not a cosmetic; based on the formula of a great physician it contains neither lard nor glycerine and cannot injure the skin of the tenderest babe.

Price 2s. and 3s. 6d. "Baba" Brand (unscented) for Nursery use, in large jars, 4s.

From the ARMY & NAVY STORES, London, Calcutta and Bombay; HARROD'S WHITELEY'S; and all first-rate Stores and Chemists.
Wholesale: MAY, ROBERTS and CO.

Health and Beauty.

By MISTRESS ANNE PAGE.

All Letters to be addressed to Mistress Anne Page, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

Many Friends.—Gifts that all your friends would appreciate, and the total cost of which would not entirely empty even your small purse, you would find at the charming establishment of Mr. M. F. Thompson, The Homœopathic Chemist, 17, Gordon Street, Glasgow, who at this time of the year always has a grand display of them. Cases of perfume, containing one, two, or three bottles of any scent for which you care to ask, and really good and true perfume extracted from flowers, are always welcome presents, and range in price from 1s. 6d. to 10s. 6d. for one bottle in a case, 3s. 6d. to 15s. 6d. for two bottles in a case, and from 5s. 6d. to 30s. for three bottles in caskets that are in themselves quite gems of artistic work. Mr. Thompson's New Christmas Bouquet, in a tartan-covered case, costs 3s. 9d. post free, and the scent is most exquisitely fragrant and lasting. Then Mr. Thompson has the most dainty scent-sachets in silk or satin covers that you ever saw, and you would be charmed with the white rose, sweet pea, night sweet-scented stock, and Parma violet sachets at 1s. each, and any of your girl-friends would prefer one of these to the most elaborate Easter card you could send them, I am sure. For your older friends you would like Mr. Thompson's pure Lavender Water and Eau de Cologne, and you can have bottles of these at from 1s. 6d. each.

Nina.—To prevent that greasy, shiny look in your face on the night of the dance, and to give you a lovely complexion without any suggestion of having powdered it, apply the new Crême Orientale, which is sold for 2s. 6d. and 4s. 6d. per bottle by Madame Marguerite, 11, High Street, Fulham, London, S.W. Use this for your neck and arms also, if your dress is low-necked and short-sleeved.

Frances.—You will never be able to dress your hair satisfactorily until you cure it and your scalp of the ailment that causes so much greasiness and lankness, and you will find it money well invested if you get from Mr. Mason, 25, Bank Plain, Norwich, a 4s. 6d. case of his Parma Preparations (there are two and a brush), and follow the instructions that you will find on their labels. Ask Mr. Mason to give you his illustrated book on "The Hair: its Care and Preservation," free of further charge, when you send him your Postal Order for the above preparations. These will take out all that objectionable oiliness, and then your hair will be fluffy, and will not part and show your hair-frame in that inartistic way any more.

Allie.—Over-stoutness, constipation, and indigestion often go together, and you will find that when you take the proper means to cure the first of these it will soon have the doubly good effect of mitigating the others. I advise you to write to Mrs. Maine, 10, St. Mildred's Road, Lee, London, S.W., for a guinea's worth of her Zobeide Reducing Sets (this is sufficient for a month's daily treatment), and these will absorb the fatty tissue, and rid your body of it with immense improvement to your figure as well as to your general health.

Laurie.—You may be quite easy in your mind concerning the point you mention in the first part of your note, for we always keep the addresses of our correspondents a secret, and we burn their letters as soon as they are answered. You can make your eyelashes and eyebrows grow thick, silky, and dark by taking a trace of the following ointment along the margins of your eyelids every night with your finger-tip, and brushing a little of the same into your eyebrows nightly with a very small toothbrush, always going in a nice arch from the inner angle by the nose outwards towards the temples, and being most careful never to ruffle the little hairs: Rj. Ung. Hydrargyri Oxidi flavi, 1 drachm; Vaselini flavi, 3 drachms. Misce. Modo dict. utend. Any good chemist will dispense this accurately for you. But if you desire to get the dark effect at once you can do so with Mason's Eyebrow and Eyelash Dye, which you can have in black or brown, and which is sent post free for 2s. 6d. by Mr. Mason, 25, Bank Plain, Norwich. This gives the good result instantaneously, and only needs renewing at long intervals, so that you will be saved all the bother of daily darkening your eyebrows and lashes in the way you do now.

Laurie (Second Coupon).—When the face gets so greasy and unpleasant it is a sign that your nervous system is wanting in tone, and you will therefore be wise to take a dessertspoonful of the Zobeide-Vi-Elixir (3s. from Mrs. Maine, 10, St. Mildred's Road, Lee, S.E.) night and morning, to restore the tone and to benefit your health in every way. You should practice deep-breathing the first thing in the morning before your open window, and then you should always take a bath in tepid water made invigorating by the addition of about a teaspoonful of carbonate of ammonia (you should get three-pennyworth of this at a chemist's, and keep it in a well-corked, wide-mouthed jar or bottle for daily use); and then you should dry yourself with towels (going always from your extremities towards your heart), and lastly you should rub yourself all over, back and front, with your hands. When in the bath you will find it a good thing to rub your whole body well with a lather of Wright's Antiseptic Coal Tar Soap (sold for 4d. everywhere), and then to rinse this all off again. After the hand-rubbing dress quickly, and apply Mason's Jansia Emulsine (2s. 6d. from Mr. Mason, 25, Bank Plain, Norwich), rubbing this in with your finger-tips until no moisture is left on the surface. This removes all the greasines and shininess out of the complexion, but during the first week of treatment you should give your nose a second application.

Ailsa.—Chilblains at this time of the year are by no means uncommon, especially if the general health of the sufferer from them is not particularly good. You can, however, obtain immediate relief, and a speedy, permanent cure, by well rubbing into your hands and the curve of your ear, which has also been caught, some of the celebrated old Chilblain Cure, which is sold for 1s. 9d., by Mme. Marguerite, 11, High Street, Fulham, London, S.W. I am glad to speak personally as to the merits of this, having used it with the most gratifying results in my own household.

Gerry.—Weakness, such as you describe, that is not illness, but almost more wearying to bear, and that makes you too tired to sleep at night or to desire to get up in the morning, is by no means a thing to be derided or neglected. Try having a tepid bath, with some Sanitas Sea Water Fluid (sold in 1s. bottles by chemists) added to it, every morning, after you have breathed deeply at your opened window four or five times. After your bath have a cup of Plasmon Cocoa instead of the usual tea, and for breakfast have Plasmon Oats porridge, and you will find these two things very strengthening. Be sure you have your bedroom well ventilated, leave door and window as wide open as possible all day, and the window open at least at the top all night. When you retire for the night have half a wineglass of Coleman's Wincarnis, with a biscuit, and this will nourish you as well as help you to sleep, and you should have a similar dose of this very pleasant tonic, with a biscuit, at eleven o'clock in the morning; you will find Plasmon Biscuits very nice, and, of course, strength-giving. Practice deep breathing in the open air as frequently as you can, inhaling slowly through your nostrils, but exhaling through slightly parted lips; this will strengthen your lungs and your heart. Drink as much new milk as you can digest, for this, in itself, contains all the elements of a perfect food; but avoid tea, coffee, red meats, and made dishes for the present. I hope you will soon have a better account of yourself to send me.

Katherine.—I quite appreciate your feeling of vexation, and I am so pleased to be able to tell you of a way of improving the beauty of your neck, making it fair and white and proportionately full, as it used to be in your younger days before that "salt-cellar" sank under your chin. Now, wash it every night with hot, soft water, and then massage into it some of that tissue-building new hygienic cream, "Khala" (you can get such a large jar of this for 3s. 6d. from Whiteley's or Harrod's Stores, or at any first-class chemist's), first spreading some evenly all over the skin, and then gently rubbing it in with light, circular movements of the finger-tips from the front to the back of the neck. Then put some more of the cream into the "salt-cellar," and then pick up and drop the tissues again between your forefingers and thumbs. Then, with one hand placed above the lower jaw-bone, the fingers of the other hand must smoothly massage the neck from front to back, and then downwards from the jaw-bone from back to front with a series of light but rapid strokes. This movement must be repeated an equal number of times on both sides. "Khala" is dispensed from the formula of an eminent physician, and ranks among the most successful nourishers and beautifiers for the skin that is known to science; so I am sure you will like to use it, and be gratified by the results of the nightly application.

John's Wife.—There is nothing for it but a dye, and as expense is such an object that your husband cannot afford to go to a hair-dresser to have it done, why not recolour his hair yourself? You can do it successfully with Jappo Mid-Brown, a first-class hair-stain in one liquid, quite easy to use satisfactorily at home. It costs 2s. 2d. a bottle, post free, from The Teinture Syndicate, 285, Regent Street, London, W. If you ever want any for yourself, it is made for every shade of hair, from the lightest to the darkest, so it is best to send a little bit of the hair that still has some of its colour left in it, with your order. This dye is sent in a plain, brown-paper wrapper, with nothing to tell the Post Office people what is contains.

Isobel.—Save all your combings, laying them out straight in a corset-box every day, as you take them from the comb, and when you have the box quite full, as tight as it will hold, send it to Miss Rose, 2, Blackburn Road, Hampstead, N.W., and she will make that hair into a hair-frame, or a set of Empire Puffs, or a Tress for you at the rate of 1s. per ounce of hair. She does the work excellently, and, of course, the above charge is very moderate.

"Of all the ladies' papers that are published Myra is undoubtedly the very best."—M. H.

Anæmia and Neurasthenia.

By MISTRESS ANNE PAGE.

So intimately is beauty related to health, so impossible is it to have a clear complexion, sparkling eyes, luxuriant hair, and that general buoyancy of body which makes work easy and pleasure non-wearying, unless the blood is in a good condition, that the importance of keeping the health up to a high standard is always insisted upon by our premier beauty culturists.

But the almost numberless activities of the present day give rise to a nearly similar number of widely spread wants, and in order to prevent what we call nervous exhaustion, and nervous irritability, and other troubles which might be averted by more forethought being given to the standard of the health, these wants, in their turn, have established a special demand for preparations to meet particular circumstances and needs. In no field of the elaboration and the manufacture of such specifics has modern applied physiological and chemical science been so widely cultivated as in the making of specialised foods and tonics based on the principles indicated by these sciences, and well calculated to meet the functions or ailments they are severally designed to assist or remedy.

A great amount of the brain-work required by our present-day civilisation with its extended commerce, particularly in our large towns and cities, has to be carried on under the more or less unfavourable environment of what we graphically call "indoors," and this for the greater part of every week-day; meals, too, under this pressure have frequently to be snatched or hurried, and these conditions imposed day after day sooner or later tell upon the general nutrition of the body, including the brain. We must and do eat in order to live, but we are too apt to forget that we live by the nutritive value of the food we take, and this nutrition has to be intimately presented for our body's life in and through the blood-stream, our nutriment-carrier.

It is therefore a matter of the greatest importance, especially to town-dwellers, and all persons of indoor occupations or sedentary habits, whose digestive functions are very often "below par," or Nature's standard, that all meals taken should be easily and fully assimilable, especially if unavoidably they have to be hurried, and at the first sign that the blood is not of as good a quality as it ought to be Nature should be assisted by means of a specific that will enrich it.

Among the preparations to which we have alluded we cannot speak too highly of Dr. Hommel's Hæmatogen (prepared by Messrs. Nicolay and Co., 36 and 36a, St. Andrew's Hill. Doctors' Commons, London, E.C.), for this, as its name implies, is a "Blood-producer." It is highly recommended in medical journals, and it occupies a high place as a blood-forming, ferruginous (or iron-carrier) non-constipating tonic.

The suitability of these properties for its purpose is evident from the consideration that our food is ultimately one of the sources of our blood, that iron is one of the chief important constituents of healthy blood, that it should be so presented or combined as not to favour constipation, preferably in the same or similar organic combinations as we get in meat and many vegetables. Dr. Hommel's Hæmatogen is very closely allied to Nature's constituents. It contains organic iron (i.e., iron as found in many articles of food), which is easily and immediately converted by the stomach and blood, forming organs into healthy blood.

Dr. Hommel's Hæmatogen, too, is entirely free from alcohol, which is no constituent of naturally provided food; hence it can, with confidence, be given to delicate children; the dose for infants being from half to one teaspoonful twice a day in milk at the right temperature for them; children have a dessertpoonful, usually mixed with water, while adults should take a tablespoonful twice a day, just before partaking of their principal meals. Singers, with their very sensitive throats, find in this non-alcoholic tonic a strength-giver of inestimable value, and it is one that does not offend the palate, while it does strengthen the digestion, restore tone to the stomach, and bring back appetite.

As a tonic that will prevent ill-health from overwork, Dr. Hommel's Hæmatogen is most highly recommended, and the tablespoonful of it, taken twice a day, will be calculated to prevent many a brain-ache that might otherwise lead to breakdown. But in the wide-spread and debilitating diseases, unfortunately so difficult to cure, because profoundly affecting the whole constitution of the patient, such, for example, as ordinary anæmia, and its graver form known as pernicious anæmia, chlorosis (which is sometimes called "green sickness" because it causes the complexion to become greenish yellow), scrofula, which is met with in young and old, and rickets, so common with artificially fed town children, and phthisis and other forms of tubercular diseases, maladies which are essentially due to "nutrition gone wrong," and so providing a very favourable nutrient soil for the particular bacillus or micro-organism characteristic of these forms of disease; in short, where nutrition is for any reason at fault, and the quality of the blood is impoverished, this carefully studied and delicately made preparation, Dr. Hommel's Hæmatogen, is indicated, and its use approved and prescribed by many medical authorities.

This has one other good point that must be mentioned, and that is that Dr. Hommel's Hæmatogen does not blacken nor in any way injure the teeth as organic preparations of iron salts usually do. As our teeth are well known not to be anything like as good as those of uncivilised man, or even as those of our forefathers, it is well to know of such a ferruginous tonic with this important good quality, for defective teeth mean defective nutrition with all its consequent ills.

YOU cannot have a good, clear complexion if your blood is impure. **Blotches, Spots, Pimples, Blackheads,** and **Sores** of all kinds can be removed by taking

CLARKE'S BLOOD MIXTURE

The World-Famed Blood Purifier.

This famous medicine will also cure all Skin and Blood Diseases, such as **Eczema, Scrofula, Scurvy, Ulcerated Sores,** &c. Thousands of unsolicited testimonials have been received from all parts.

As it is pleasant to the taste, and warranted free from anything injurious to the most delicate constitution of either sex, from infancy to old age, the Proprietors solicit sufferers to give it a trial to test its value. Clarke's Blood Mixture is sold by all Chemists throughout the world. Price 2s. 9d. and 11s. per bottle.

Beware of Worthless Imitations or Substitutes.

TO FAT

The Zobeide Tissue Absorbers will thin you. Price 2/6. The Zobeide Beauty Belt for the speedy reduction of Hips and Abdomen. No Pressure. No Dieting. Price 25/6 and 31/6. —Mrs. Maine, 10, St. Mildred's Road, Lee, London (late 41, Conduit Street, W.).

2/- INSURES YOUR COMPLEXION

DR. HARLAN'S BEAUTY-CUP MASSAGE

For the Face, Neck, Arms, and Body.

NATURAL TREATMENT. NATURAL RESULT.

Hundreds of Unsolicited Testimonials.

So simple to use, yet its effects on the Complexion are almost magical. Blackheads in many cases are banished in 60 seconds. The Beauty Cup pumps impurities out of the blood by atmospheric pressure, rounds out the cheeks, arms, and neck, and plumps the waste places in the body with wonderful rapidity. Acts directly on the circulation and feeds fresh, pure blood to the tissues, making the flesh firm and fair, and the skin soft and satiny. No one who owns one of these wonderful little Cups need have any fear of wrinkles or blackheads. Dr. Harlan's Beauty-Cup sent by mail in plain wrapper—with our Beauty Book—to any address for 2/1 P.O. (abroad 2/6 M.O.). M. Highwater Hygienic Institute, 1-118, Exchange Bldgs., Southwark, London.

(Callers welcomed.)

All Sufferers from CHILBLAINS

should send to

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Quick Relief and Permanent Cure in a few days.

1/9 and 3/6 per Bottle.

List of Toilet Preparations upon applying to

11, HIGH STREET, FULHAM, S.W.

Postal address only.

SHOPPING BY POST.

THE PREVALENCE OF SERGE,

IT is no exaggeration to say that almost half the tailor gowns which are being prepared for the spring are being built of serge—*good* serge, either very supple and fine, or of a heavy, coarse-rib make. These serges, navy or black (especially navy), are beautifully decorated with black silk braid. White serges are being used for dressy costumes, braided in white. Lovely overcoats and wraps are of white serge, collar and cuffs faced with leaf-green or heliotrope velvet.

The serge must be *good*, however, and therefore ladies (or their dressmakers) who are contemplating a new spring costume should send off at once for patterns of the beautiful South Devon Serges to the South Devon Serge and Blanket Warehouse, Teignmouth, Devon.

This firm (they contract for supplying our Navy with the all-necessary serges) devotes itself chiefly to this thoroughly British material, the staple fabric for our men's, women's, and children's clothes, and their serges are, consequently, just what they should be. As to colours, the best navy shades, black, white, and red, can be had. There is a wonderful "rough and ready" serge at 2s. the yard—the Exmoor—for sports and travelling costumes, also boys' and girls' school wear, which, cheap as it is, shows the valuable qualities of all these South Devon serges. It is fast dye and all-wool, will not shrink or spot. The width is 54 inches. This can be had in black or navy. For a useful wrap in the style of No. 8130, what could be more satisfactory? A magnificent serge for ladies', men's, and boys' hard wear is the real Navy "Dreadnought," price 4s. 6d., 56 inches wide. An excellent scarlet serge—the "Invincible"—for children's coats, &c., is only 1s. 4½d. the yard, 32 inches wide. It is a very rich colour, is fast dye, *all-wool*, and is both shrunk and unspottable.

Fine serges or "suitings" are of all prices, for ladies' or gentlemen's wear. The South Devon Serge and Blanket Warehouse also supplies beautiful vicuna and habit cloths (as low as 1s. 11½d., 44 inches wide), the well-known Royal Devon alpacas and sicilliennes, and splendid tweeds for costumes and coats. The heavier tweeds are marvellously cheap—capital all-wool, fast dye mixtures are as low as 1s. 11½d. the yard (43 inches wide).

Mrs. S. A. Allen's
World's
Hair Restorer.
Never Fails.
Quickly changes gray hair to its natural colour.
It is not an experiment but has been in use for over sixty years throughout the civilised world. It is the best, and the best is always the cheapest.
Cut this advt. out and send it, with P.O.O. or stamps 4s., to 114, Southampton Row, London, and a FULL-SIZED LARGE BOTTLE will be sent CARRIAGE PAID anywhere in the United Kingdom. OR.

THE NEW HYGIENIC SKIN FOOD.

Khala, the new cleansing emollient and skin food is in no sense of the word a mere cosmetic. There is no better beautifying agent, because, if massaged well into the skin, it nourishes the tissue beneath (and therefore restores lost curves and roundness), while it whitens and softens the skin itself—an invaluable trio of qualities to erase and keep off wrinkles. But Khala does even more than this. It is carefully prepared from the prescription of a very noted doctor, and, therefore, it has healing qualities. There is no lard or glycerine in Khala, so that it can safely be used on the tenderest skin. Indeed, it is much used in the nursery, the unscented "Baba" Khala being used for infants only a few weeks old. Khala is not expensive. Scented, it costs 3s. 6d. and 2s., while the Baba brand costs only 4s. for a large jar. Khala can be had from all good class stores and chemists, and is stocked in the drug department of the Army and Navy Stores, Harrod's Stores, Whiteley's, &c. The wholesale providers are Messrs. May, Roberts and Co.

SOME BARGAINS IN "TAILOR-MADES."

When one examines the smart coats-and-skirts, the wraps, &c., built by Messrs. John Cordeux and Sons, 4, Clifton, Bristol, and retailed at such exceptionally low prices, one is prompted to exclaim, "How on earth can they do it?" The answer is that tailoring establishments, on such a large scale as Messrs. John Cordeux's, buy the new materials in vast quantities—and therefore at exceptional prices—and they turn out such immense numbers of every style, in all sizes, that they can afford to pay first-class tailors' cutters to plan their coats, skirts, &c. There is a wonderful little tailor coat-and-skirt costume (The "Berkeley") at 12s. 11d., which every business girl should make a point of getting. It is most smartly cut—a well-shaped seven-gore skirt, closing in the left tablier seam, and an elegantly-built hip coat, 26 inches long, trimmed with black silk braid, cut with smartly fitted back and semi-fitting fronts. The seams are lapped; the skirt hem is smartly stitched; the sleeve has the new semi-fulness at the shoulder; in a word the costume is as neat and trim as a good-class "tailor-made" can be. The costume, built of fine West of England serge, can be had in several colours—navy, green, and brown, as well as in black; and it is sent *carriage paid*. It can be had in several sizes—waist measurement, 22, 24, 26, or 28 inches; front of skirt, 38, 40, 42 inches.

No. 8174.—A Princess Evening Dress.

A beautiful model of cream satin laine, cut in three pieces—seamed under the arms. It is trimmed to simulate a tunic with jet passementerie and fringe. Folds of satin fill in the very low neck back and front. 44-inch satin, 6 yards.

Price of Paper Pattern, 1s. 0½*d.*, *post free, of* Madame Myra, *10 and 11, Fetter Lane, E.C.*

Result of Prize Competition.

PRIZE RECIPES.

A prize of 2s. 6d. has been awarded for each of the four following prize recipes:—

Effervescing Gruel is excellent for a cold in the head. Make a cupful of gruel, rather thinner than ordinary gruel; to this add a teaspoonful of lemon juice and sufficient tartaric acid to create effervescence. Drink at once.—Mrs. Warren, 81, Pevensey Road, Eastbourne.

Chestnut Cake.—Twenty-five chestnuts, take off first husk, then boil in water; when cooked peel off inner skin, and press them through a tamis; beat the yolks of five eggs with ¼lb powdered sugar till very light, add the chestnuts, and then the whites of the eggs beaten to a stiff froth, mixing all together lightly; put in a buttered mould, and bake in a moderate oven for twenty minutes.—Mrs. Dupuis, Villa Dupuis, Kastrades, Corfu, Greece.

Australian Puffs.—2oz butter, 3 tablespoonfuls sugar, 3 eggs, 3 teacups of milk, 3 teacups of flour, 1 saltspoon salt, and ½ teaspoonful vanilla; beat the butter to a cream, add the sugar and the yolks well beaten, then the milk with the salt in it. Dredge in the flour by degrees, and when all is well mixed add the flavouring and the whites of eggs beaten to a stiff froth. Bake in well-buttered teacups about 15 or 20 minutes till a light brown. The cups must not be filled, as the puffs rise very much. Serve with sweet sauce.—Madeline J. Dalziel, Rosslyn Villas, 301, Clepington Road, Dundee, N.B.

Cheap Lemon Pudding.—A teacupful each of flour and coarse sugar, a pint of breadcrumbs, ¼lb of suet chopped fine, and the grated rind of a lemon; squeeze over these ingredients the juice of the lemon. Mix with water till a thin dough is formed, using a wooden spoon for the purpose. The dough must not be kneaded or even touched with the hand. Fill a buttered basin, plunge into boiling water, and boil for 2 hours. Serve with sweet sauce.—Mabel Grenfell, Riviere Cliff, Hayle, Cornwall.

COMMENDED AND RECOMMENDED.

Cranberry Pudding.—Cream one cup of sugar with three teaspoons of butter, add slowly one cup of sweet milk, two cups of flour sifted, with two teaspoons of cream of tartar and one teaspoon of soda. Add one and one-half cups of cranberries, and bake one half-hour in a moderate oven. Serve with any sauce.—Sussex.

HOUSEHOLD HINTS.

A prize of 2s. 6d. has been awarded for each of the four following hints:—

To Clean Old Pewter.—This recipe is excellent, and I find, since using it, I only have to clean my pewter twice a year instead of the weekly drudge it used to be. Take a big galvanised bath, and make a very strong solution of soda water. Lay pewter in this over night. In morning make a pad of old rag, dip in a plate of silver sand, and scour well the article to be cleaned. Rinse in clear water, and afterwards polish with a silver leather or any dry leather.—Mrs. Phillips, 64, Portland Road, Edgbaston, Birmingham.

To Clean a Hearthstone.—To make the hearthstone look especially well, mix the whiting with milk, not with water, and add a little washing blue to it. This preparation is as firm as paint, and does not easily spot.—Miss Munro, 15, Broadwater Down, Tunbridge Wells.

To prevent sausages from bursting, roll lightly in cornflour before frying.—Miss E. Sprague, Twynham, Bridgeland Street, Bideford, North Devon.

To Clean Moorish, Benares, or Any Solid Brassware.—Cut a lemon and dip in silver sand. Well rub the article to be cleaned all over with this (cutting off a thin slice of the lemon as it becomes dirty), rinse in hot water, and rub well with a clean, dry cloth, when a brilliant polish will be obtained. This recipe came from Tangier, where the Moors can be seen cleaning their brassware from the desert sand, and it far surpasses anything I have ever tried.—Rose Chandler, Kearsbrook, Belvedere, Kent.

COMMENDED AND RECOMMENDED.

If your thimble is too big, cut a finger from an old kid glove, turn it inside-out, put it on finger, and rub it over with liquid glue, just the depth of your thimble. Press the thimble well on until it sticks fast, and then trim off the edges of the kid.—Kingston-on-Thames.

Household Hint.—When cleaning and polishing brass door-knobs, slip over the knob a square of cardboard or brown-paper about 6in square. This will keep the paint and woodwork from becoming soiled, and will save much trouble. A wash-leather slip will do better, and may be kept in the box with polish, &c.—Bunbury.

Stockings will keep their colour and remain beautifully soft if washed in clear warm rain water. No soap need be used, except, perhaps, a little on the inside of the feet; but it is better to change often, and wash without soap.—Waltham Cross.

Grease on a Stove.—The kitchen stove often becomes greasy owing to pans, &c., boiling over. If a thick layer of soot is put over the greasy places and allowed to remain for a short time, then brushed off, all traces of grease will be removed.—Darlington.

PRIZE COMPETITION

To provide our readers with interesting and original recipes for Cooking and Hints for the Household, we are offering:—

FOUR PRIZES, 2s. 6d. each, for the Four Best Cooking Recipes, and

FOUR PRIZES, 2s. 6d. each, for the Four Best Household Hints.

Competitors must send in their Recipes and Hints on or before Mar. 15, addressed to "Mrs. Hope, Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

COOKING RECIPES.
MARCH 1909.

HOUSEHOLD HINTS.
MARCH, 1909.

SPRING CLEANING, 1909.

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PURE FURNITURE POLISH.

Saves your labour.
Saves your temper.
Saves your pocket.
Saves your furniture.
Try it for Painted Surfaces. It will clean them and save repainting.
Pink Label: For dark Oak, Mahogany and dark painted surfaces, &c.
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Tubes, 6d. and 1/- - 1/- orders free.

THIBAUT ET CIE,
Sutton Courtenay, Berks.

Ask for the ASTRAL Boot and Leather preparations. They are the best and purest.

THE FIGURE BEAUTIFUL

A HANDSOME BOOK FREE.

Under the above title we have just issued a handsome little booklet, daintily got up, well written by an eminent specialist, on beautifully illustrated lines. In order to bring home to you with full force the importance of being thoroughly healthy and the natural effect of health upon the figure, we will send you this charming little work FREE, also a trial treatment, on application.

The book will show you conclusively how easy it is to obtain perfect health, a lustrous complexion, and a queenly figure in a very short time, through the simple and harmless agency of **The Temple Nerve & Flesh Food** (a vitalising agent and flesh builder), and how, without otherwise prejudicing your health in any way, you may, by a natural hygienic method, **enlarge your Bust** from three to six inches **in a few weeks.** At the same time the shoulders are developed and made pretty and plump; and those "salt-cellars" which used to bar you from being beautiful are removed. **The Temple Nerve and Flesh Food,** as supplied for bust development, is a certain remover of wrinkles, crowsfeet, lines, chaps, pimples, blackheads, and all other blemishes upon the skin. It thoroughly clears the complexion, and gives it the full rich tone which can only be possessed by a woman who is in the pink of perfect health. If there be any special ailment the Flesh Food can be specially altered to remove it at the same time the bust is developed.

There is no time to lose. Every day you delay means the longer you will have to wait for beauty. Send at once, enclosing stamp to pay postage, and address your letter to **Madame F. D. Temple, The Temple Association (Dept. 94), 8, Blenheim Street, Bond Street, London, W.**

When ordering Articles Advertised, Please mention "Myra's Journal."

A HEALTHY COMPLEXION

Can only be secured by a healthy state of body.

Indigestion, Anæmia, Liver Troubles cause ugly blotches and pimples.

WHELPTON'S VEGETABLE PURIFYING PILLS

Stimulate the digestive organs, rouse the liver, purify the blood, and give renewed vigour, bringing the colour of health and a clear complexion.

See that you get Whelpton's, and do not accept anything **"just as good."**

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SUPERFLUOUS HAIR.

"DEPILLOS" (Registered).
MARVELLOUS SUCCESS.

We have an absolute and permanent cure, entirely free from anything hurtful or injurious to the most delicate skin, never failing to entirely eradicate the strongest growth, destroying the roots so completely that the annoyance WILL NEVER RE-APPEAR; and to prove the correctness of the above statement, we will send, absolutely FREE, securely packed and free from observation, with MEDICAL CERTIFICATE and testimonials, a sample to all who enclose two penny stamps. Address—

Manageress, **TAYLOR & CO.**
(Dept. 26), **149, FLEET STREET, LONDON, E.C.**
(Proprietors Wm. Jameson, Ltd.

Correspondence.

RULES

1. To be answered on this page in the next number, letters must reach us not later than the 1st of the month.
2. Queries (except on "Dress" and "Health and Personal Attention") must be accompanied by sixpence and a stamped addressed envelope. No notice will be taken if sent without, if to be answered by post.
3. In urgent cases, or if crowded out, all "Dress" answers will be sent by post, for which no charge will be made. No postal reply can be ensured unless a stamped and addressed envelope be enclosed.
4. Queries to be answered by post must be limited to three.
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DRESS AND HAIR-DRESSING.

Letters to be addressed to Madame Myra, "Myra's Journal" Office, 10 and 11, Fetter Lane, E.C.

(Owing to pressure of space all Dress Answers have been forwarded by post.)

COOKERY AND HOUSEHOLD MANAGEMENT.

(Continued from page 28.)

Pieces of Soap.—You certainly may use up pieces of toilet soap for your own bedroom, or for anywhere else. Simply store them till you have a sufficient quantity. Then melt them down in an old pan kept for the purpose, and when cool enough, form into balls, or squares, or ovals, and leave till hard. The longer you leave them before use the harder they will be, and the more economically will they last out. If you have used scented soap, probably no additional perfume will be necessary; but you can add any scent you please, stirring it well in, just before removing the pan from the fire. Small pieces of pale soap for laundry purposes should be boiled down for soap jelly. I do not think you would fine making your own soap at all profitable, especially in a small house in a town. The smell of soap manufacture is very unpleasant, and that alone would be a deterrent. If you really mean to brave all obstacles, write again, and I will give you a recipe with pleasure.—Artisan's Wife.

Supply of Linen.—I think you should have three pairs of sheets and six pillow-cases for each bed, and half-a-dozen towels to each room, and six bath towels altogether. Six to twelve of each kind of household cloths, one counterpane to each bed. These quantities will suffice for your needs, which, as you say, are somewhat out of the usual run. I wish you had given me more details. I might have helped you better. Yes, certainly make mattress covers, of white holland or calico. They preserve the mattresses very much, and are very easily changed and washed and replaced.—Puzzled.

GRAPHOLOGY.

(Continued from page 29.)

Musicus (New Zealand).—Yes, I have many letters from far-away correspondents, and I am always glad to hear from them. Your writing shows an intense love of colour, and vivid and harmonious colourings would always have a great effect upon you. You ought to be able to paint well. Ambitious and possess great determination and self-will. Your nature is so passionate and vivacious that you are liable to go to extremes in your feelings. Very energetic and inclined to excitability. Love of life and the wish to live every moment of it is shown, yet some of the writing has a curiously compressed style. I think this is because you want an outlet for so much energy and ardour. The signature shows caution, which is rather a rare combination with so impulsive a temperament, but most likely circumstances have trained you to this. Love of music.

F. E. E.—You are kind-hearted and love beautiful things. Good tempered and inclined to take things easily. The will power needs decided strengthening, for you are liable to be dominated by others of stronger will and force of character. Your feelings would be easily hurt, and so you are cautious about displaying them. You have power of observation, and would be faithful to your friends. Fairly cautious and dignified. Correspondents who want a reply in a week should send 6d. and stamped addressed envelope for private reply. All free replies given in the Graphology Column are taken in strict rotation. Your brother will have seen his by now. I did not receive it till Christmas Eve, and I should have thought he would have known that Myra's, like all other offices, would be shut for a few days' holiday. And in a great many cases, particularly when sent in the last few days of the month, it is impossible for replies to appear in the next month, or even week, as so many correspondents ask, for Myra's goes to press three weeks to a month before date of publication.

Ana.—You possess acute penetration and should be an extremely good judge of character, and like to criticise things in general. You are optimistic and outspoken, energetic and methodical, not being satisfied till you have done your best. You would never be content to take things on hearsay, but would always endeavour to find out and verify for yourself. Personal dignity, kindness and a desire to acquaint yourself with uncommon things are revealed, also you would have the courage of your convictions.

Sappho.—A very rapidly working mind with ability to express yourself clearly and easily is revealed. You are very reserved and would always form your own opinion about things, and although the will might be a little stronger, would generally have the courage of your convictions. You are very prudent, patient, and particular about all details, honourable in all dealings. Original, and an admirer of all beautiful scenery. Kind-hearted and rather sensitive, refinement in tastes, and I judge you to be fond of music.

Anxious.—Your writing shows good judgment and clear thought, and also power to express yourself fluently and easily. Sympathetic and good-nature, with high ideals and hopefulness. Conscientious, and would always endeavour to put your best into your work. You are plucky, but want more strength of will. Are sensitive, and would not easily confide in anyone. The signature shows absence of all pretensions and refinement of tastes. Yes, I take much interest in my correspondents, and every letter is carefully and thoroughly delineated.

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Embroidery (B. G.).—I am so glad to hear of your nice order, and trust it may result in more orders. I am sure it must be interesting though iring work.

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COUPONS.

Correspondents seeking advice on "Dress," "Health and Beauty," "Employments," &c., must enclose in their letters one or more (according to queries) of the following coupons cut from the current number:—

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MARCH, 1909.

DRESS AND HAIRDRESSING.
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HEALTH AND BEAUTY.
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MARCH, 1909.

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MARCH, 1909.

"Being a dressmaker, I find your journal most useful to me, and feel I do not like to be without it."—F. M.

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Free Bargains Coupon.

Myra's Journal, March, 1909.

DRESS AND MILLINERY.

SKIRTS, Navy or Black, to measure, 5s. 6d. —Pinchback, 53, Guildford Road, Greenwich.

COLONIAL READERS.—MILLINERY, BLOUSES, BOUGHT AND FORWARDED. References.—57, Sydenham Road, Sydenham.

MILLINERY, BLOUSES, SKIRTS, made or renovated; stylish; moderate.—57, Sydenham Road, Sydenham.

MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

NAVY, BROWN, GREEN COSTUMES, BLACK SILK SKIRTS.—Violet, 71, Oakfield Road, Anerley.

PARCEL UNDERCLOTHES; APRONS, 5s.; new cream BLOUSE, 4s.—Holly Cottage, Solway Hill, Woodford.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

ROYAL NAVY SERGE, direct from Portsmouth, as supplied to the Royal Navy; most satisfactory for ladies costumes and hard wear; navy, cream, and black only, 1s. 6½d., 1s. 11½d. yard; patterns free.—Smith. Warehouseman, 128A, Albert Road, Portsmouth.

LADIES' SEVEN-GORE SKIRTS, navy or black, any size, 6s. 6d., postage 6d.—Gooch, 71, Hewitt Avenue, Wood Green.

NEEDLEWORK, DRESSMAKERS, &c.

DRESSES for all occasions, Fancy and Theatrical. Special designs at moderate charges.—Nora Davison, 182, Marylebone Road, N.W.

Good DRESSMAKER by day or week.—Mrs. Kendall, 14, Victoria Villas, Kilburn.

DRESSMAKER, daily or at home. Experienced.—Miss Connery, 48, Stansfield Road, Stockwell.

Ladies wishing to make their own dresses, &c., can have them cut and fitted by expert ready for finishing. Lessons given. Also millinery.—Morgan and Phipps, 47, Burnaby Gardens, Grove Park, Chiswick. Five minutes from Grove Park Station.

DRESSMAKER, terms 2s. daily.—Jessie Andrews, 42, Alma Square, St. John's Wood.

BLOUSES.—Ladies materials cut. Fit, finish excellent. Charges lowest.—Miss Course, Rushden.

MORENES SCHOOL OF DRESSMAKING.—Not the scientific method, but the one and only perfect way. Gowns, &c., planned, cut and fitted by experts. Muslin patterns of any garment can also be supplied.—Prospectus on application to Morène's, 151, Regent Street, W.

Miss Gilbert, 103, Cheneys Road, Leytonstone, Essex.—EXPERIENCED DRESSMAKER. Terms moderate.

DRESS CUTTING AND MAKING TUITION, Scientific and Tailors' System, Ladies' Tailoring, Habit and breeches maker.—Madame Goodwin, 96, Oxford Road, Lowestoft.

DRESSMAKER, daily. Town, country, ladies' houses. Cut, fit, renovations.—Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

DRESSMAKING, renovations, alterations. Juvenile costumes.—Miss Walwyn, 5, St. Ann's Road, Barnes.

EXPERIENCED DRESSMAKER, at home or ladies' houses.—Mrs. England, 440, Edgware Road, W.

Madame Léonie, PARISIENNE DRESSMAKER, 120, Talbot Road, Bayswater. Ladies' materials. Charges moderate.

DAY and EVENING GOWNS. Terms moderate.—D. Eaton, 11A, Church Street, Kensington.

DRESSMAKER, daily: blouses, dresses, mantles, renovations.—Bates, 57, Ranelagh Road, South Belgravia, S.W.

LADIES' AND CHILDRENS' DRESSMAKER. Terms moderate.—Mrs. Hudson, 144, Lancaster Road, W.

DRESSMAKER, daily, or home. Experienced. Renovations.—36, Ambler Road, Finsbury Park.

Madame Beatrice, Smart DRESSMAKER, can make from pattern bodice. Moderate charges. Ladies' materials.—58, Burlington Road, Bayswater.

Mrs. Harlow, 232, Ashmore Road, Maida Hill, W. LADIES' MATERIALS. Terms moderate.

JEWELLERY.

Handsome gold-mounted AMETHYST NECKLACE, £6 10s., cost over double; other articles equally cheap.—Williams, 69 Ringmer Avenue Fulham.

ANTIQUES, BOOKS, MUSIC, FOREIGN STAMPS, PHOTOGRAPHY, &c.

COOKERY BOOKS.—Six Recipes, approved by Letitia Hope, in M.S. Book with detachable, washable, embroidered linen cover. Work recommended by Blanche Fitzmaurice. Price 5s. Linen Envelopes for stray recipes, 3s.; Special Recipes, 1s. extra. "Mrs. Glasse," c/o Miss Sterling, 14, Bartholomew Road, Kentish Town, London, N.W. Cash with order.

MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

EXCHANGE POSTCARDS. Exterior English churches only wanted.—Brooks, 6, Norwich Street, Cambridge.

MISCELLANEOUS.

LADIES' COMBINGS mounted into tails, 1s. per oz.; puffs, frames, fringes, &c.—Miss Rose, 2, Blackburn Road, Hampstead.

WANTED, LEMCO COUPONS, USED POSTAGE STAMPS, BRAND'S "POPULAR ANTIQUITIES," perfect. Lowest price. M3743

PARCEL, containing blouses and useful oddments cheap, 3s. M3744

Cièste.—Experienced READER BY PHOTO; 6d. envelope.—2, Legg Street, Chelmsford, Essex.

COACHING (personal correspondence) given in fashion journalism, article writing, business correspondence, composition. M3737

"Alizon" gives DELINEATIONS daily by appointment. Astral colours, gems, &c. At Homes, &c., attended.—Care of Dily's, 8, Upper Baker Street, N.W.

For Sale, suitable presents, lovely PARCELS FANCY WORK, 3s.; finished or unfinished.—A. Rees, Holly Cottage, Solway Hill, Woodford.

CORSETS (French or English) made to order; neatly repaired. Ladies supporting belts. Moderate charges.—Corsetiere, 168, Church Street, Kensington, W.

DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. MARCH, 1909.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss E. Baker, 4, Chapel Street, Forest Gate, Essex
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Broome, 22, Speenham Road, Stockwell Road, Brixton, S.W.
Mrs. H. Burnay, 22, Farm Road, Hove, Sussex.
Miss Connery, 48, Stansfield Road, Stockwell.
Miss Coward, 82, Camden Road, N.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
Miss Hardy, 40, Mendora Road, Fulham.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Miss Olga, 11, Dunster Gardens, Brondesbury.
Miss A. Peaston, 81, Ashmore Road, St. Peter's Park, W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss A. Smith, 62, Wellesley Road, Leytonstone, Essex.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
L. C. Andrews, 28, Kelvin Road, Highbury, N.
Madame Beatrice, 58, Burlington Road, Bayswater.
Miss Burnett, 7, Windsor Road, Holloway, N.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Misses Jullien, 183, Kilburn Park Road, N.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Mrs. Linthwaite, 40, Grant Road, Wealdstone, Harrow.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Morgan, 47, Burnaby Gardens, Grove Park, Chiswick, W.
E. Rainger, 12, Honiton Road, Brondesbury Road, N.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Misses A. and E. Smith, 52, Avenell Road, Highbury, N.
Miss Staar, 155, Hammersmith Road, West Kensington.
Nina Swancott, 31, Westbourne Park Crescent, Paddington, W.
Annie R. Theobald, 123, Church Street, Stoke Newington, N.
Miss M. H. Vinter, 13, Osborne Villas, Hove.
Miss Walwyn, 5, St. Ann's Road, Barnes, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Emilie, 185, Westbourne Grove, W.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Snarnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

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MILLINERY LESSONS; personal instruction; moderate terms; prospectus free.—W., 57, Upper Gloucester Place, Dorset Square, W.

NAVY, BROWN, GREEN COSTUMES, BLACK SILK SKIRTS.—Violet, 71, Oakfield Road, Anerley.

PARCEL UNDERCLOTHES; APRONS, 5s.; new cream BLOUSE, 4s.—Holly Cottage, Solway Hill, Woodford.

MILLINERY.—Fur hats made from old furs.—Miss A. Blanch, 299, King's Road, Chelsea.

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DRESSES for all occasions, Fancy and Theatrical. Special designs at moderate charges. — Nora Davison, 182, Marylebone Road, N.W.

Good DRESSMAKER by day or week.—Mrs. Kendall, 14, Victoria Villas, Kilburn.

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Mrs. Harlow, 232, Ashmore Road, Maida Hill, W. LADIES' MATERIALS. Terms moderate.

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MUSIC neatly and strongly bound in limp covers, 9d. to 1s. M3731

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DRESSMAKERS.

The Name and Address of any Dressmaker will be inserted free in this column provided the advertiser furnishes us with a Coupon for each announcement *each month*, and she states under which column she wishes her name to appear. *Please write distinctly.*

DRESSMAKERS' COUPON. MARCH, 1909.

LATEST TIME for ADVERTISEMENTS 1st of EACH MONTH.

DRESSMAKING AT LADIES' HOUSES—

L. C. Andrews, 28, Kelvin Road, Highbury, N.
Miss J. Andrews, 42, Alma Square, St. John's Wood, N.W.
Miss E. Baker, 4, Chapel Street, Forest Gate, Essex
Miss Bates, 57, Ranelagh Road, South Belgravia, S.W.
Mrs. Broome, 22, Speenham Road, Stockwell Road, Brixton, S.W.
Mrs. H. Burnay, 22, Farm Road, Hove, Sussex.
Miss Connery, 48, Stansfield Road, Stockwell.
Miss Coward, 82, Camden Road, N.W.
Miss Gavey, 36, Ambler Road, Finsbury Park, N.
Miss Gregory, 52, Wiltshire Road, Brixton, S.W.
Miss Hardy, 40, Mendora Road, Fulham.
R. Harvey, Oxford House, 329, Goldhawk Road, W.
Miss Olga, 11, Dunster Gardens, Brondesbury.
Miss A. Peaston, 81, Ashmore Road, St. Peter's Park, W.
A. and A. Pinchback, 53, Guildford Road, Greenwich, S.E.
Miss Price, 24, Gordon Road, Kingston-on-Thames.
Miss Smith, 3, Pakeman Street, Holloway, N.
Miss A. Smith, 62, Wellesley Road, Leytonstone, Essex.
Miss Woolcott, 109, Queen Street Buildings, Edgware Road, W.

LADIES' OWN MATERIALS MADE UP—

Miss Ambler, 85, Westbourne Park Villas, Bayswater, W.
L. C. Andrews, 28, Kelvin Road, Highbury, N.
Madame Beatrice, 58, Burlington Road, Bayswater.
Miss Burnett, 7, Windsor Road, Holloway, N.
M. Davies, 19, Jedburgh Street, North Side, Clapham Common, S.W.
Miss Ellison, 97, Cathles Road, Balham Hill, S.W.
Madame Goodwin, 96, Oxford Road, Lowestoft.
Mrs. Harlow, 232, Ashmore Road, Maida Hill, W.
Miss Hauxwell, 16, Portland Gardens, Harringay, N.
Misses Jullien, 183, Kilburn Park Road, N.W.
Madame Léonie, 120, Talbot Road, Bayswater, W.
Mrs. Linthwaite, 40, Grant Road, Wealdstone, Harrow.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Mrs. Morgan, 47, Burnaby Gardens, Grove Park, Chiswick, W.
E. Rainger, 12, Honiton Road, Brondesbury Road, N.
Nellie Siegfried, 90, Dawes Road, Fulham, S.W.
Miss E. Simeon, 37, Tavistock Road, Westbourne Park, W.
Misses A. and E. Smith, 52, Avenell Road, Highbury, N.
Miss Staar, 155, Hammersmith Road, West Kensington.
Nina Swancott, 31, Westbourne Park Crescent, Paddington, W.
Annie R. Theobald, 123, Church Street, Stoke Newington, N.
Miss M. H. Vinter, 13, Osborne Villas, Hove.
Miss Walwyn, 5, St. Ann's Road, Barnes, S.W.
Mrs. Wheeler, 13, St. John's Road, Stamford Hill, N.

LADIES' AND CHILDREN'S MILLINERY—

Mrs. Bailey, 31, Riley Road, Brighton.
Emilie, 185, Westbourne Grove, W.
Watson Lewis, 17, Edgware Road, Marble Arch, W.
Madam Marion, 57, Sydenham Road, Sydenham, S.E.
Miss M. Owen, 2, Legg Street, Chelmsford, Essex.
Miss A. White, 299, King's Road, Chelsea, S.W.
Miss Whitehouse, 57, Upper Gloucester Place, Dorset Square, W.

LADIES' SHIRTS—

Madame Maree, Aldbourne, R.S.O., Swindon, Wilts.
Mrs. C. Petty, 29, Alberta Street, Kennington Park Road, S.E.
Miss Ramage, 25, Mysore Road, Lavender Hill, S.W.

PILLOW LACE MAKER—

Mr. Hy. Armstrong, Stoke Goldington, Newport Pagnell, Bucks.
Miss Kent-Johnson, Snarnbrook, Beds.
Mrs. A. Stewart, 29, Markham Street, Chelsea, S.W.

CORSETIERE—

Miss A. Caudell, 6, St. Julian's Road, Kilburn.
Mme. Gardiner, 28, Sussex Place, Onslow Gardens, South Kensington.
Hélène, 1, Harley Street, Bridge Road, Battersea, S.W.
Miss B. Sargent, 21, St. James's Road, Hastings.
Madame Marie Steer, 189, Prince of Wales Rd., Haverstock Hill, N.W.

FURS RENOVATED—

Miss Annie Blanch, 299, King's Road, Chelsea, S.W.
Mrs. Lindfield, 17, Powis Road, Brighton.
Mrs. L. Palmer, 155, Hartfield Road, Wimbledon, S.W.
Mrs. Annie Roadknight, 24, Powis Square, Brighton.
Millicent Wright, 45, Artesian Road, Westbourne Grove, W.

All Coupons must be received by the 1st of each month preceding date of issue.

THE IDEAL FABRIC FOR OUTDOOR AND "AT HOME" WEAR.

Unequalled for imparting charm and dignity to its fair wearers. Moreover, its rich appearance, light weight and sterling wearing qualities, proclaim it the desideratum for Promenade, Visiting, and At Home Toilettes, while for Children's Dresses it is unsurpassed.

The Celebrated "LOUIS" VELVETEEN

Rich in Appearance. Wears Well. Inexpensive.

IN THE NEW CHIFFON FINISH.

"LOUIS" Velveteen is stamped at the back of every yard with the name "LOUIS" spelled L-O-U-I-S, and in no other way.

The New "LOUIS" CHIFFON VEL-DUVET

is one of the most fashionable pile fabrics for entire Costumes manufactured for the present season—for lustre, brilliancy of finish, and softness of texture, this cloth excels all others - its wearing qualities are assured, and the price is reasonable.

Ladies experiencing difficulty in obtaining the "LOUIS" VELVETEEN please write to the manufacturer, 57, NEWTON STREET, Piccadilly, MANCHESTER, who will give name and address of draper supplying it.

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NO MORE ROUGH HANDS.

SOFT WHITE SKIN.

IS UNEQUALLED FOR PRESERVING

THE SKIN & COMPLEXION

FROM THE EFFECTS OF

FROST, COLD WINDS AND HARD WATER.

IT REMOVES AND PREVENTS ALL

ROUGHNESS, REDNESS, IRRITATION, CHAPS, &c.,

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SOFT, SMOOTH, AND WHITE

AT ALL SEASONS.

If used after Cycling, Motoring, Golfing, &c., it will be found DELIGHTFULLY SOOTHING AND REFRESHING.

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"Oldest & Best."

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Campbells

FOR SPRING CLEANING

CHINTZ & CRETONNE, CURTAINS AND OTHER FURNISHINGS.

Particulars and Prices in Catalogue free from "P. & P. CAMPBELL, Perth."

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The Finishing Touch is given to a blouse, bodice, or skirt by neat, safely closing fastenings. The effect of the handsomest material is spoiled if the Hooks and Eyes are not perfect. NEWEY'S IMPERIAL SPRING HOOKS AND EYES are perfect in action, and the spring makes them secure. They only cost the same as inferior imitations.

All Drapers sell them, Black and White, at 1d. and 2d. a card.

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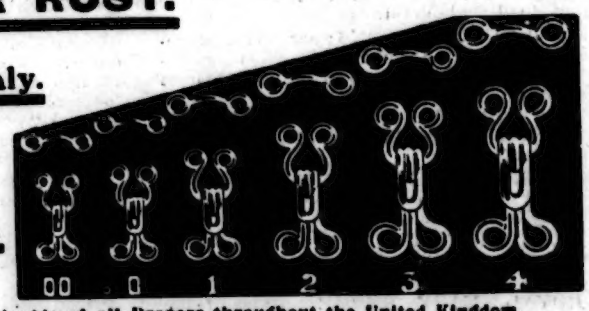

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It is the most Hygienic Hosiery made.

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Printed by Walbrook & Co., Ltd., 13, 14, and 15, Whitefriars Street, London, E.C., and Published Monthly by Beeton & Co., Ltd., 10 and 11, Fetter Lane, London, E.C.